



**Molly is the powder or crystalline form of MDMA, the banned, synthetic chemical used in Ecstasy. A psycho-stimulant, it causes feelings of euphoria and heightened sensation. People using Molly report feeling peaceful, energetic, self-confident, and connected to others around them. Given its benign reputation and celebrity endorsements, many young people are blind to its dangers.**

### How Molly Is Most Commonly Used

Molly is a “club drug” used most often by teens and young adults at concerts, raves, dance clubs and music festivals. The powder is snorted or swallowed, and sometimes the drug is available in pill form. It is often used in combination with alcohol and other drugs. Molly is relatively inexpensive, costing as little as \$15-\$20 a dose. A typical “high” lasts for several hours.

### Other Names for Molly

*Street names for Molly include:*

- E
- X
- Ecstasy
- Hug
- Mandy
- Beans
- Love Drug
- Lover’s Speed
- Adam

### Common Misconceptions about Molly

Many people believe that Molly is a “pure” form of Ecstasy that is safe to use. The reality is that substances sold as “Molly” often include other dangerous drugs and chemicals, including methamphetamine, cocaine, methyone (also known as “bath salts”) or heroin.

### Health Concerns and Risks

Molly can cause sweating, nausea, teeth-clenching, blurred vision and potentially dangerous increases in blood pressure and heart rate.

Potential after-effects include feelings of sadness and anxiety lasting up to several days after use. Regular use may lead to longer lasting depression and memory problems.

The greatest danger of using Molly, especially in the hot, crowded environment of a dance club, is the potential for extreme rises in body temperature (hyperthermia) and dehydration, which can lead to seizures, kidney and liver failure, and death.

### Prevention Considerations

Education about Molly should aim to counter the myth that the drug is pure and harmless, and underscore the potential for overdose, which can be fatal. Young people as well as concert and venue personnel should be taught to recognize the signs of overdose and seek emergency medical help immediately.

#### For more information:

- The Partnership at Drugfree.org at <http://www.drugfree.org/?s=Molly>
- National Institute on Drug Abuse at <http://www.drugabuse.gov/drugs-abuse/mdma-ecstasy/molly>

#### Content Sources:

MDMA (Ecstasy or Molly), NIDA for Teens 2013  
What is Molly? The Partnership at Drugfree.org 2013  
The Truth about “Molly” SAMHSA blog April 2012