



# Anchor Learning Academy

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**Rhode Island's first recovery high school, operated by The Providence Center**

*If you know of a high school student who could benefit from the support of a recovery high school, contact ALA at 401-432-7279*

## What is a recovery school?

Recovery high schools provide students in recovery from substance use issues with a supportive environment where they can achieve success in academics and focus on their recovery journeys. The curriculum combines educational and clinical programming to help students meet the academic requirements of their local school districts and guide students in developing a recovery support network for successful transition to the next steps in their educational or vocational pursuits.

**Nationally, recovery high schools have been found to:**

- Increase graduation rates
- Improve academic achievement
- Reduce relapse and maintain recovery

## What is Anchor Learning Academy?

Anchor Learning Academy focuses on strong clinical and educational programming to support the development of skills necessary for continued recovery and successful transition back to the student's community school, to higher education or to the workforce:

- Developing skills for choosing a healthy lifestyle
- Social-emotional competency
- Critical thinking and problem solving
- Communication
- Collaboration
- Creativity and innovation
- Family engagement
- Cultural awareness

## How do students keep up with academics?

Curriculum is based on the RI Curriculum Framework, Common Core State Standards and Proficiency-based Graduation Requirements. The Common Core State Standards provide a consistent understanding of what students are expected to learn, so teachers and parents know how to support them. Upon completion, students receive a diploma from their home school district and a certificate from Anchor Learning Academy.

Anchor Learning Academy works with districts to ensure that students complete requirements.

## How are recovery services a part of the program?

Each student develops a recovery plan aimed at achieving personal recovery and educational goals. These plans include relapse prevention strategies, recovery supports and developing positive relationships. Other components of recovery services include:

- Establishing a recovery support network
- Weekly one-on-one sessions with the Recovery Clinician
- Weekly specialized peer groups
- Transition plans
- Access to The Providence Center's clinical and support services
- Collaboration with outside behavioral health providers



*ALA students on the boat with Save the Bay as a part of their lab science studies.*

## What is a typical school day like?

Students begin the day with an opportunity to eat breakfast and get ready for the first academic period. Academic periods involve virtual learning techniques, engaging in group work, or attending scheduled meeting times with teachers on English, math, social studies or science.

The day ends with a community meeting to evaluate students' progress towards achieving their daily goals. Students discuss their feelings, process the day's events and recognize each other's successes.