

2016 Mental Health Resource Guide
City of Providence



The Mayor's Substance Abuse Prevention Council (MSAPC) is the lead drug and alcohol prevention voice and policy making body for the City of Providence. The vibrant and diverse Council is made up of more than 25 committed individuals and organizations from across the City that represent and work with Providence youth to keep them healthy, safe, and able to reach their full potential. The MSAPC is a program within the City of Providence's Healthy Communities Office.

The Mission of the MSAPC is to protect youth and prevent harmful alcohol, tobacco, and drug use by:

- Implementing evidenced-based programs
- Building awareness
- Providing effective education
- Supporting comprehensive environmental strategies
- · Promoting the health and wellness of individuals and communities



HEALTHY COMMUNITIES OFFICE

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The MSAPC 2016 Mental Health Resource Guide is not intended to be a complete list of mental health resources, merely a reference.

If you or someone you know is in immediate danger or if this is an emergency

CALL 911

Dear Providence Residents, Community Providers, and Other Partners-

Welcome to the Healthy Communities Office's 2016 Mental Health Resource Guide. Rhode Island is often cited for having unusually high rates of mental illness and substance use, but rather than reflecting an unusually acute problem, some people believe that this reflects a positive culture in our state where people are aware of mental health, where fewer problems go unreported, and where everyone is encouraged to seek services.

Even if more of us seek mental health care in Rhode Island than in other states, we also realize that many Providence residents may not know where to access the best mental health care services for themselves or their family members- or may not even think to take the first step towards finding care. The Substance Abuse and Mental Health Service Administration's (SAMHSA) "Receipt of Services for Behavioral Health Problems: Results from the 2014 National Survey on Drug Use and Health" report found that of the 5.3 million adults aged 18 or older with a perceived unmet need for mental health care who did not receive mental health services, 45% could not afford the cost, 28% thought they could handle the problem without treatment, 23% did not know where to go for services, 16% did not have time, and 11% didn't think treatment would help. With information in this guide, the hope is that many more will take advantage of services and support available in and around Providence.

If you or someone you know is experiencing emotional or behavioral challenges, please seek help. Most people do not hesitate to go to the doctor when they have a physical health concern, and we should treat mental health the same way. If you are not sure whether your mental or emotional state is something to be concerned about, it is worth seeking out a provider to ask. Your primary health care physician is a good place to start. We hope that this resource guide can also be helpful.

Please feel free to contact our office through our website with any questions you may have: www.providenceri.gov/healthy-communities.

Thank you,

Ellen Cynar, MS, MPH
Director, Healthy Communities Office
City of Providence

About This Guide

The Resource Guide is divided into 5 primary focus sections that give a general idea to what an organization's overall focus is.

- 1. Basic Needs- emergency food, clothing, emergency housing assistance, rent, mortgage, and utility assistance.
- 2. **Children, Youth, and Families** programs mainly focused on the family unit, child welfare, and mothers. Specialized resources for Spanish-speaking and LGBTQ+ residents are included.
- 3. Inpatient Treatment hospitalization and addiction recovery resources.
- 4. Mental Health and Recovery Services- behavioral healthcare and outpatient treatment services located in the community.
- 5. **Other Services** various other resources that are important to mental health but cannot specifically be categorized into the previous sections.

Each entry in this resource guide details a different organization that serves the Providence community and includes information that lists the services the organization provides, the clientele they serve, any special programs the organization offers, the languages the organization speaks, and the forms of payment that are accepted by the organization. While we strive to provide the most current information, please note that organization services may change.

Other Terms In This Guide:

- Day Treatment—partial hospitalization where a patient resides at home but commutes to treatment.
- Helpline/Hotlines- emotional, social, and/or financial support through peer-to-peer interactions.
- **HIV/STD** specialized programs, advocacy, or support individuals affected by HIV/AIDS or other sexually transmitted diseases.
- Housing or Temporary Residence—shelters and supportive community organizations that provide refuge.
- Insurance— support and information regarding Medicare, Medicaid, private, and other types of insurance.
- Mental Health Services— support and treatment for individuals or families affected by mental health difficulties.
- Outpatient— medical treatment provided without admittance to hospital.
- Prescription Assistance discounts, programs, or other means to help with payment for prescriptions.
- **Psychiatric Services** the study, diagnosis, and treatment of affective, behavioral, cognitive, and perceptional mental disorders.
- **Recovery Support Services** removal of obstacles before and during recovery as well as enhancement of quality of life for persons in recovery and their families.
- Residential Treatment—live-in health care facility providing therapy and treatment for substance use disorders.

Forms of Payment Accepted

For each organization listed in this guide, we list the methods, if necessary, to compensate organization for services provided. Below are the definitions of the forms of payment listed in this guide.

- **Employer Sponsored/Private Insurance** health plan provided through employer or by an individual through private company.
- Free- All Services— all interactions and services are free of charge.
- Free- Limited Services— some but not all services are free of charge.
- **Medicaid** largest source of funding for medical health-related services for people with low income in the United States.
- Medicare— social service that guarantees access to health insurance for American over 65 years of age.
- Out of Pocket compensation for services covered by money of individual rather than another source.
- Sliding Scale Fee- payment methods that vary based on income or other factors.
- Tricare— health care insurance program of the United States Department of Defense Military Health System generally used by military families.

Helplines/Hotlines

AL-ANON AND AL-ATEEN	401-781-0044
BOYS TOWN NATIONAL HOTLINE (Serving all at risk teens/children)	800-448-3000
GAMBLING HOTLINE	855-222-5542
GAY & LESBIAN NATIONAL HOTLINE	888-843-4564
MADD (Victim/Survivor of Drunk Driving)8	77.MADD.HELP
NATIONAL DOMESTIC VIOLENCE HOTLINE	800-799-7233
NATIONAL RUNAWAY SAFELINE	800-786-2929
NATIONAL SUICIDE PREVENTION LIFELINE	800-273-8255
RI CHILD ABUSE HOTLINE	800-742-4453
RI COUNCIL ON ALCOHOLISM	866-252-3784
RI DEPT. OF ELDERLY AFFAIRS (Adult Protective Services)	401-462-0555
RI VICTIMS OF CRIME HOTLINE	800-494-8100
RI LEGAL SERVICES	401-274-2652
(expungement, driver's license and public benefits services)	
RI SAMARITAN SUICIDE / CRISIS PREVENTION HOTLINE800-365-4044	, 401-272-4044
TREVOR LIFELINE-LGBTQ	866-488-7386
VETERANS CRISIS LINE	800-273-8255
VETERANS HOMELESS HELPLINE	877-424-3838
WOMEN'S CENTER OF RI /24 HR HELPLINE	401-861-2760
YOUTH PRIDE (LGBTQ YOUTH)	401-421-5626

Section 1: Basic Needs

Crossroads RI

Phone: 401-521-2255

Email: info@crossroadsri.org
Website: www.crossroadsri.org
Address: 160 Broad Street
Providence. RI 02903

"Crossroads Rhode Island helps homeless individuals and families secure stable homes. We provide a range of services including housing, basic needs, shelter, case management, referrals, and education and employment services."

Services Provided: Basic Needs, Referrals, Housing /Temporary Residence, Education/Employment Services, Drop-In

<u>Clients Served</u>: Adults, Criminal Justice-Involved, Deaf and Hard of Hearing, Families, Older Adults, Veterans and Military Families, Women

and Infants

<u>Languages Spoken</u>: English, Spanish (Interpreters Available)

Forms of Payment Accepted: Free-Limited Services

Providence Housing Authority (PHA)

Phone: 401-751-6400

<u>Email</u>: melissas@pha-providence.com <u>Website</u>: www.pha-providence.com

Address: 100 Broad Street Providence, RI, 02903

"The mission of The Providence Housing Authority exists to develop and maintain decent, safe, and sanitary housing, and to address the economic and social needs of residents. PHA is committed to high standards of public accountability and continuous improvement through management excellence, professional development, and customer satisfaction."

Services Provided: Basic Needs, Prevention, Referrals, Spanish Speaking Clients, Veterans and Military Families

Clients Served: Adolescents, Adults, Children, Families, Older Adults, Veterans and Military Families, Women and Infants

Languages Spoken: English, Spanish

RIREACH (RI Insurance Resource, Education, & Assistance Consumer Helpline)

Phone: 1-855-RIREACH (1-855-747-3224)

Email: rireach@ripin.org

Address: Rhode Island Parent Information Network 1210 Pontiac Ave. Cranston, RI 02920

Webpage: http://www.rireach.org/

"RIREACH (Rhode Island Insurance Resource, Education, and Assistance Consumer Helpline) provides direct assistance to consumers who need help understanding and accessing their health coverage. "

Services Provided: Insurance, Referrals

Clients Served: Adults, Disabled Adults, Older Adults, Veterans and Military Families

Languages Spoken: English, Spanish

Forms of Payment Accepted: Free-Limited Services

United Way of Rhode Island 2-1-1

Phone: 211

Email: info@uwri.org Website: www.uwri.org Address: 50 Valley Street Providence, RI 02909

"Get help with 2-1-1, your free and confidential resource for assistance with housing, food, childcare—and needs well beyond. Call or chat now to get connected right away. Our specialists are available for you 24-hours a day, 365 days a year."

<u>Services Provided</u>: Referrals <u>Clients Served</u>: General Public

Languages Spoken: English, Spanish, Portuguese, Mon-Khmer, Cambodian, Italian, Chinese, Laotian, and others as needed.

Forms of Payment Accepted: Free- All Services

Rhode Island Coalition for the Homeless

Phone: 401-721-5685

Email: info@rihomeless.org

Address: 1070 Main Street Suite 304 Pawtucket, RI 02860

Webpage: http://rihomeless.org

"The Rhode Island Coalition for the Homeless' programs and initiatives strive to highlight the issue of homelessness, increase public awareness, and heighten public involvement in order to solve the problem of homelessness in Rhode Island."

Services Provided: Referrals, Legal Clinic

<u>Clients Served</u>: General Public <u>Languages Spoken</u>: English Forms of Payment Accepted: N/A

The Amos House

Phone: 401-272-0220

<u>Email</u>: info@amoshouse.com <u>Website</u>: www.amoshouse.com <u>Address</u>: 415 Friendship Street

Providence, RI 02907

"We work in collaboration with other agencies and groups to address issues of hunger, homelessness, and poverty. We are particularly committed to reducing recidivism and helping people who battle with addiction."

<u>Services Provided</u>: Addiction, Basic Needs, HIV/STD, Housing or Temporary Residence, Mental Health Services, Prescription Assistance, Recovery Support Services, Referrals, , Spanish Speaking Clients

Clients Served: Adults, Children, Criminal Justice-Involved, Families, Women and Infants

<u>Special Programs</u>: 90-Day Recovery-Based Shelter Program for Homeless Men and Women, Financial Literacy, Job Development, Culinary Arts and Carpentry Training programs, Outreach and Case Management for Female Sex Workers, Permanent Supportive Housing, Mother-Child

Reunification Program, Fatherhood Program

Languages Spoken: English, Spanish

Forms of Payment Accepted: Free- All Service

5 Basic Needs

Section 2: Children, Youth, and Families

Anchor Learning Academy (RI Recovery High School)

Phone: 401-432-7279

<u>Email</u>: info@anchorlearningacademy.org <u>Website</u>: www.anchorlearningacademy.org

Address: 520 Hope Street Providence, RI 02906

"A recovery high school combining academics and therapeutic support for students overcoming drug and alcohol addiction."

Services Provided: Substance abuse services

<u>Clients Served</u>: Adolescents <u>Special Programs</u>: Education

Languages Spoken: English, Spanish

Forms of Payment Accepted: Contract with School District

Bradley Hospital (Lifespan Partner)

Phone: 401-432-1000 (24/7 Emergency: 401-432-1364)

Email: webteam@lifespan.org

<u>Webpage:</u> http://www.bradleyhospital.org/ <u>Address:</u>1011 Veterans Memorial Parkway

E. Providence, RI 02915

"Our mission at Bradley Hospital is to provide a range of family-focused, high quality mental health care to infants, children, adolescents and young adults with emotional disorders and/or developmental disabilities."

<u>Services Provided</u>: Inpatient, Intensive Outpatient, Outpatient <u>Clients Served</u>: Infant, Children, Adolescents, Young Adults

<u>Languages Spoken</u>: English, Interpreters Available

<u>Forms of Payment Accepted</u>: Out of Pocket, Medicaid, Medicare, State Financed Insurance, Private Health Insurance

Rhode Island Parent Information Network (RIPIN)

Phone: 401-270-0101 or 800-464-3399

Email: info@ripin.org Webpage: www.ripin.org Address:1210 Pontiac Ave

Cranston, RI 02920

"Our mission is to assist individuals, parents, families, and children to achieve their goals for health, education, and socio-economic well-being by providing information, training, education, support and advocacy for person/family centered care and system change."

<u>Services Provided:</u> Referrals, Support Groups, On-Line Workshops, Workshops, Early Intervention, On-Line Resource Library (English and Spanish), Community Information Sessions, Parent Training, Transition from School to Adult Life, Advocacy, Cedar Center Services

Clients Served: Infant, Children, Adolescents, Young Adults, Adults, Families

Languages Spoken: English, Spanish, Portuguese, Creole, French

Forms of Payment Accepted: Free-Limited Services

Center for Southeast Asians

Phone: 401-274-8811
Email: info@cseari.org
Website: www.cseari.org
Address: 270 Elmwood Ave
Providence, RI 02907-2931

Services Provided: Support Groups, Community-Support Classes, Substance Abuse Prevention

Clients Served: Southeast Asian Adolescents, Children, Families

<u>Special Programs</u>: Family Care Community Partnership, Victims Assistance Program, Volunteer Income Tax Assistance, Affordable Care Act Assistance, and Meals On Wheels, English as a Second Language Classes, Citizenship Classes, External Diploma Program, Summer Youth

Learning Program

Forms of Payment Accepted: Free or Fee for Service Depending on Resource

Clinica Esperanza/Hope Clinic

Phone: 401-347-9093

Email: info@aplacetobehealthy.org Website: www.aplacetobehealthy.org

Address: 60 Valley St

Providence, RI

"We provide **Primary Care** with a focus on prevention and health maintenance. We serve uninsured adults.* Clinic visits are by appointment."

Services Provided: Primary Care Clinic, Walk-in, Referrals

<u>Clients Served</u>: Latina/Latino Families, Islamic Community, Uninsured Persons <u>Forms of Payment Accepted</u>: Free—some services, Out of Pocket (sliding scale)

Family Service of Rhode Island

<u>Phone</u>:401-519-2280 or 401-331-1350 <u>Email</u>: hugst@familyserviceri.org Website: www.familyserviceri.org

Address: 55 Hope Street, Providence, RI 02906

"Family Service of Rhode Island provides a coordinated care continuum assisting the most underserved families, many with histories of trauma, abuse, neglect, mental health challenges, substance abuse, development delays, HIV/AIDS and other issues. Services are trauma-informed, as well as evidence-based/informed, and are available in multiple languages."

<u>Services Provided</u>: Addiction, Advocacy, Basic Needs, Coordination of Care and Services, Domestic and Sexual Violence, Early Childhood Development, Foster Care, HIV/AIDS Services, Mental Health Services, Police Partnership Responding to Crime Victims, Pregnant and Parenting, Psychiatric Services, Residential Treatment, Restorative Practices, Special Education, Trauma Therapy for Victims of Crime and Violence as well as Veterans and Military Families, Youth Diversion from court involvement, and more.

Clients Served: All ages from Birth to Senior Citizens

Special Programs: AIDS Project RI, Early Intervention, Family Care Community Partnership, Foster Care, Mount Pleasant Academy,

Providence Talks, Providence Children's Initiative, Solutions, The Walking School Bus, Youth Diversion Services

Languages Spoken: English, Spanish, Portuguese, Creole, Others

Forms of Payment Accepted: Private Insurance, Medicare, Medicaid, Tricare, Grant Funded

Mothers Against Drunk Driving RI

<u>Phone</u>: 401-421-0800 <u>Email</u>: ri.state@madd.org

Website: http://www.madd.org/local-offices/ri/

Address: 2 Regency Plaza, Suite 4

Providence, RI 02903

Services Provided: Advocacy, Helpline/Hotlines, Prevention, Referrals

Clients Served: Adolescents, Adults, Families

Languages Spoken: English

Forms of Payment Accepted: Free- All Services

RI Student Assistance Services (RISAS)

Phone: 401-732-8680
Email: sdinklage@risas.org
Website: www.risas.org

Address: 300 Centerville Rd., Suite 301S

Warwick, RI 02886

"RI Student Assistance Services, a division of Coastline EAP, has been providing school and community-based substance abuse prevention and early intervention services to Rhode Island schools and communities since 1987. Our primary service is the nationally-recognized model Student Assistance Program."

Services Provided: Addiction, Prevention, Referrals, Support Groups

Clients Served: Adolescents, Children, Families

Special Programs: School-based Services: Mental Health/Substance Abuse Services, Early Intervention, Referral, Case Management

School- and Community-Based: Suicide Prevention Workshops and Staff Development

Languages Spoken: English, Spanish

Forms of Payment Accepted: Free- All Services

Tobacco Free Rhode Island

Phone: 401-533-5179 Email: jwall@lungne.org

Website: www.TobaccoFree-RI.org

Address: c/o American Lung Association in Rhode Island, 260 West Exchange Street, Suite 102B

Providence, RI 02903

"A statewide network of organizations and individuals working to reduce tobacco use-the leading cause of preventable death and disease in Rhode Island."

<u>Services Provided</u>: Advocacy, Helpline/Hotlines, Prevention

Clients Served: General Public

<u>Special Programs</u>: Quit smoking help and referrals to programs and services; Resource materials for advocates and policy makers on smoking cessation, tobacco-free environments, tobacco use prevention; Policy guides and advocacy tool kits

Languages Spoken: English

Forms of Payment Accepted: Free- All Services

Youth Pride Inc.

Phone: 401-421-5626

Email: info@youthpride.org
Website: www.youthprideri.org
Address: 743 Westminster Street

Providence, RI 02903

"Youth Pride Inc. provides a safe space where young people can learn, engage, and grow. For many, Youth Pride is the first place where they can be themselves, regardless of their sexual or gender identity. Youth come together from a wide range of backgrounds and connect with one."

Services Provided: Drop-In Center, Advocacy, Basic Needs, HIV/STD, Mental Health Services, Prevention, Professional Training, Referrals,

Support Groups

Clients Served: Youth 23 and under

Languages Spoken: English

Forms of Payment Accepted: Free- All Services

Rhode Island Hospital Mental Health Services

Phone: 401-444-7442

Email: None

Address: 593 Eddy Street Providence, RI 02903

Webpage: www.rhodeislandhospital.org/services/mental-health

"As the largest providers of psychiatric and behavioral health services in southern New England, Lifespan's partner hospitals are committed to the integration of psychiatry and medicine, providing mental health services for our medical and surgical patients and for more than 75,000 outpatient visits each year."

Services Provided: Medical, Psychiatric, Substance Abuse, Referrals

Clients Served: Children, Young Adults, Adults, Seniors

Languages Spoken: English

Forms of Payment Accepted: Out of Pocket, Most Major Insurance, Medicare, Medicaid, Tricare

Anchor Recovery Community Center

Phone: 401-721-5100 (Pawtucket) and 401-615-9945 (Warwick)

<u>Email</u>: Info@anchorrecovery.org <u>Website</u>: www.anchorrecovery.org

Addresses: 249 Main Street Pawtucket, RI 02860 AND 890 Centerville Rd, Warwick, RI 02886

"Anchor Recovery Community Centers-Peer to Peer Support Services"

Services Provided: Addiction, Advocacy, Telephone Recovery Support, Professional Training, Recovery Support Services, Support Groups

Clients Served: Adults, Criminal Justice-Involved, Families, Older Adults, Veterans and Military Families

Languages Spoken: English, Spanish

Forms of Payment Accepted: Free- All Services

Section 3: Inpatient Treatment

AdCare Rhode Island

Phone: 401-294-6160, 1-800-ALCOHOL

Email: None

<u>Website</u>: www.adcare.com <u>Address</u>: 1950 Tower Hill Road North Kingstown, RI 02852

"AdCare Rhode Island is a 46-bed inpatient alcohol and drug treatment center with a mission of providing transformational recovery experiences to individuals struggling with substance dependence."

Services Provided: Detoxification, Mental Health Stabilization, Acute Residential, Intensive Outpatient, Outpatient

<u>Clients Served</u>: Adults (18+) <u>Languages Spoken</u>: English

Forms of Payment Accepted: Employer Sponsored/Private Insurance, Out of Pocket

MAP Behavioral Health Services, Inc.

Phone: 401-785-0050

Email: None

<u>Website</u>: Under construction <u>Addresses</u>: 66 Burnett Street

Providence, RI 02907

Services Provided: Substance Abuse Services, Mental Health Services, 90 day Residential, Intensive Outpatient Program, General Outpatient

Program

<u>Clients Served</u>: Adult Men (18+) <u>Languages Spoken</u>: English, Spanish

Forms of Payment Accepted: Medicaid, Neighborhood Health Plan/RI, United Health Plan, Out of Pocket

The Phoenix House

Phone: 800-DRUG HELP (800-378-4435); 401-441-6107

Email: Lbianco@phoenixhouse.org

Website http://www.phoenixhouse.org/rhode-island

Address: 99 Wayland Avenue

Providence, RI 02906

"In Rhode Island, our programs provide a broad spectrum of services to adults, including: medically monitored detoxification, residential and outpatient treatment, education and prevention services, and sober living and recovery support for men and women."

<u>Services Provided:</u> Substance Use Treatment, Advocacy, Withdrawal Management (Detoxification), Step-Down Services, Referrals, Outpatient Treatment, Prevention, Recovery Housing, Recovery Support Services, Residential Treatment

<u>Clients Served:</u> Adolescents, Adults, Criminal Justice-Involved, Families, Older Adults, Veterans and Military Families

Languages Spoken: English, Spanish

Forms of Payment Accepted: Most insurance plans, Out of Pocket

The Providence Center- Roads to Recovery Residential Substance Use Treatment Program

<u>Phone</u>: 401-276-4020 <u>Email</u>: info@provctr.org

<u>Website</u>: www.providencecenter.org <u>Address</u>: 530 North Main Street

Providence, RI 02904

Inpatient

1. Roads to Recovery: Men is the Providence Center's residential substance use treatment program. Located at 111 Howard Ave. Bldg. #56 Cranston, RI 02920

2. Roads to Recovery: Women is the Providence Center's residential substance use treatment program. Located in Richmond, RI

Services Provided: Advocacy, Basic Needs, Day Treatment, Health Services, Outpatient, Recovery Support Services, Residential Treatment

<u>Clients Served</u>: Adults (18+) <u>Languages Spoken</u>: English

Forms of Payment Accepted: Medicaid, United Health Plan/Rite Care, RhodyHealth, Neighborhood Health Plan

Butler Hospital

<u>Phone:</u> 401-455-6200 <u>Website</u>: www.butler.org <u>Address:</u> 9345 Blackstone Blvd

Providence, RI 02906

"The Alcohol and Drug Inpatient Unit provides acute treatment for adults who are actively addicted to alcohol and/or other drugs.

Detoxification with intensive medical supervision is provided for people who do not have the support to detoxify on an outpatient basis. "

Services Provided: Substance Abuse Treatment, Detoxification, Inpatient Hospital Care, Partial Hospitalization/ Day Treatment

Clients Served: Adults

Languages Spoken: English, Spanish

Forms of Payment Accepted: Most Major Insurance, Medicare, Medicaid, Tricare, Out of Pocket

SSTARbirth

Phone: 401-463-6001
Email: info@sstar.org
Website: www.sstar.org
Address: 80 East Street
Cranston, RI 02920

"SSTARbirth is the only residential substance abuse treatment program in the state of Rhode Island specifically designed for pregnant and postpartum women and their children."

Services Provided: Long Term Residential Care

Clients Served: Women 18+

Languages Spoken: English, Spanish

Forms of Payment Accepted: Medicaid, United Health Plan, Neighborhood Health Plan

Section 4: Mental Health and Recovery Services

CODAC Behavioral Healthcare

Phone: 401-942-1450
Email: codac@codacinc.org
Website: www.codacinc.org
Address: 349 Huntington Ave

Providence, RI 02909

"The oldest and largest opioid treatment agency in RI, with 5 sites across the state, CODAC is uniquely positioned to provide a wide range of outpatient recovery, treatment and prevention services to those struggling with the challenges of substance abuse, mental health and behavioral healthcare issues, tobacco use, problem gambling, and other addictive or abusive behaviors."

<u>Services Provided</u>: Opioid Addiction Treatment Programs (Methadone, Buprenorphine, Vivitrol), Criminal Justice Referrals for DUI and Other Illicit Substance Use, Tobacco Cessation Services, Recovery Support Services, On-site Psychiatric Services, Rapid Hep. C Testing on-site, Programs for Problem Gambling

Clients Served: Adolescents, Adults, Co-occurring, Criminal Justice-Involved, Families, Older Adults

Special Programs: Intensive Outpatient Programs, Health Home Services for Medicaid Patients, Off-site Maintenance Services, Services for

Probation/Parole Involved Patients, Re-entry Support Programs

Languages Spoken: English, Spanish, Portuguese

Forms of Payment Accepted: Employer Sponsored/Private Insurance, Medicaid, Out-of-Pocket

Discovery House-Providence

Phone: 401-461-9110

Email: None

Website: www.discoveryhouse.com

<u>Address</u>: 66 Pavilion Ave Providence, RI 02905

"At Discovery House it is our mission to provide comprehensive services for persons working toward recovery through community awareness, quality and holistic clinical services in an efficient, safe and fiscally sound environment."

Service Provided: Medication Assisted treatment, Addiction education services, Drug Free Counseling, HIV Counseling, Medical Exams,

Evaluations, Referrals
<u>Clients Served:</u> Adults 18+

Forms of Payment Accepted: Inquire

The House of Hope-Access Program

Phone: 401-726-2285

Email: None

Website: www.thehouseofhopecdc.org

Address: 185 Dexter Street #15

Pawtucket, RI 02860

Services Provided: Shelter, Housing, Life Skills, Social Services, Mental Health Services, Peer Mentoring, Provider Referrals

<u>Clients Served</u>: Adults Languages Spoken: English

Forms of Payment Accepted: Free- All Services

Gateway Healthcare Inc.

Phone: 401-729-8701 and (toll free) 888-841-5252

Email: None

Website: www.gatewayhealth.org

Address: (Administrative office) 249 Roosevelt Ave

Pawtucket, RI 02860

Gateway offers an array of outpatient and residential mental health and addictions treatment services, offering a continuum of care that promotes resiliency and recovery.

Services provided: (Including But Not Limited to) Psychiatry, Individual and Group Psychotherapy, Community Based Case Management,

Vocational Rehabilitation, Batterers' Intervention

Special services: 24-hour Psychiatric Emergency Services/Crisis Hotline 401-723-1915 or 401-553-1031

Clients served: General Public

<u>Languages spoken</u>: English (Translation Available)

Forms of payment accepted: Out of Pocket, Medicaid, private Health Insurance

The Journey to Hope, Health, and Healing Inc. (Formally Providence Metro)

Phone: 401-941-4488 or 1-888-312-2033

Email: None

Website: http://thejourneyhhh.com Address: 160 Narragansett Ave

Providence, RI 02907

The experienced and dedicated team at The Journey to Hope, Health & Healing offers comprehensive outpatient substance abuse treatment for people addicted to opiates in Rhode Island (RI), and near by Massachusetts (MA) and Connecticut (CT).

<u>Services Provided:</u> Methadone Maintenance, Long term detoxification from opiates, Short term detoxification from opiates, Individual counseling, Group counseling and education, Drug free substance abuse counseling, Hep C and HIV anonymous testing provided and counseling, Medical examinations, Clinical assessment of co-occurring disorders, Coordination of care with community organizations,

ATR (Access To Recovery) eligibility determination for grant funded treatment

Languages Spoken: English, Spanish, Portuguese

Forms of Payment Accepted: Inquire

Women and Infants Hospital

Phone: 401-274-1100

Website: http://www.womenandinfants.org

<u>Address</u>: 101 Dudley St. Providence, RI 02905

"With a staff that includes board certified psychiatrists, psychologists, social workers and clinical nurse specialists, we have the expertise needed to diagnose, treat and manage a wide range of psychiatric conditions before, during and after a woman's pregnancy "

<u>Services Provided</u>: Substance abuse treatment <u>Clients Served</u>: Pregnant/postpartum women

Languages Spoken: English, Spanish, ASL or other assistance for hearing impaired, Farsi

Forms of Payment Accepted: Out of Pocket, Most major insurance, Medicare, Medicaid, Tricare

Community Action Partnership of Providence (CAPP)

Phone: 401-273-2000

Email: None

<u>Website</u>: www.cappri.org <u>Address</u>: 501 Hartford Ave Providence, RI 02909

"CAPP is a leading provider of social services in Providence. The organization operates, promotes and supports the development of human service programs aimed at improving the lives of low-to-moderate income individuals and families living in Providence. CAPP works to minimize poverty while empowering members of the community to be self-sufficient. "

<u>Services Provided</u>: Adult Basic Education/GED Prep, Food Pantry, LEAD Safe, Parent Leadership Training Initiative, Senior Services, Social Services, Rhode Island Home Energy Assistance, Volunteer Income Tax Assistance, Weatherization, Youth Services for pregnant and parenting youth, Veteran Services

Clients Served: Adolescents, Adults, Veterans, Parenting Youth

Languages Spoken: Spanish, English

Forms of Payment Accepted: Free-Limited Services

Riverwood Mental Health Services

Phone: 401-272-3018

Email: Available from Website Address: 21 Peace Street Providence, RI 02907

Webpage: http://www.riverwoodmhs.dreamhosters.com

"Riverwood works with adults who may be experiencing physical or substance use issues in addition to their mental health issues. Our Health Home Team is a multidisciplinary team that includes psychiatrists, registered nurses, therapists, chemical dependency therapists (LCDPs), vocational specialists, case managers (CM), and a clinical pharmacist."

Services Provided: Housing, Mental Health, Substance Abuse, Insurance, Referrals

Clients Served: Adults, Chronically Homeless

Languages Spoken: English

Forms of Payment Accepted: Inquire

Roger Williams Medical Center

Phone: 401-456-2000 Website: www.rwmc.org Address: 501 Hartford Ave Providence, RI 02909

"Roger Williams is the only general hospital in Rhode Island with Level IV Alcohol & Drug Detoxification Program. Under careful medical supervision, adult patients receive daily therapy designed specifically for safe detoxification. The 15-bed alcohol detoxification unit offers comprehensive care and recovery services second to none."

Services Provided: Psychiatry, Substance abuse treatment, Methadone Detoxification

<u>Clients Served</u>: Adolescents, Persons with co-occurring mental and substance abuse disorders, Criminal justice clients

Languages Spoken: English, ASL

Forms of Payment Accepted: Out of Pocket, Most major insurance, Medicare, Medicaid, Tricare

RI Army National Guard Substance Abuse Program

Phone: 401-275-4096

Email: Miranda.r.white@accenturefederal.com

Address: 645 New London Avenue

Cranston, RI 02920

<u>Services Provided</u>: Strong Choices Prevention Training, Referral Services Clients Served: RI Army National Guard Service Members and Families

Languages Spoken: English

Forms of Payment Accepted: Free- All Services (Check eligibility)

Veterans Affairs Medical Center

Phone: 401-273-7100

<u>Website</u>: www.providence.va.gov <u>Address</u>: 830 Chalkstone Blvd

Providence, RI 02908

"The Providence VA Medical Center is dedicated to providing high quality comprehensive outpatient and inpatient health care to Veterans residing in Rhode Island and southeastern Massachusetts"

Services Provided: All Medical Services

<u>Clients Served</u>: Veterans and Families (Eligibility Office at 401-273-7100 x3255) <u>Languages Spoken</u>: English, Spanish, ASL or other assistance for hearing impaired

Forms of Payment Accepted: Free, Co-Pay, Private Health Insurance, Military Insurance (e.g. VA and TriCare)

Veterans Affairs Medical Center CAPS (Comprehensive Ambulatory Psychiatry Section)

Phone: 401-273-7100 x3400

<u>Website</u>: http://www.mentalhealth.va.gov/ Address: 830 Chalkstone Avenue Unit 116-F

Providence, RI 02908

"Nationally and internationally recognized clinical research activities enhance patient care in health services, dermatology, mental health treatment, pulmonary/vascular, rehabilitation, post-traumatic stress disorder, and alcoholism and drug abuse."

Services Provided: CARS-Substance Abuse Program, Neuro-Psychology, PTSD, Returning Vets, Homeless, Rehabilitation/Recovery,

Opioid Treatment Program, Smoking Cessation, Sexual Trauma, Suicide Prevention Special Programs: Mental Health Interim Car Walk-In Clinic; Numerous Support Groups

<u>Clients Served:</u> Veterans and Veteran's Families (Eligibility Office –401-273-7100 x3255)

Languages Spoken: English, Spanish, Portuguese, ASL and Hearing Impaired

Forms of Payment Accepted: Free, Co-Pay, Private Health Insurance, Military Insurance (e.g. VA and TriCare)

Section 5: Other Resources

AIDS Project Rhode Island

Phone: 401-831-5522

Email: info@AIDSprojectri.org Website: www.aidsproject.org Address: 9 Pleasant Street Providence. RI 02906

"The Project offers an array of services in Rhode Island to prevent the spread of HIV, facilitate HIV testing, and provide services to people living with HIV/AIDS. The Project has a fifteen-member staff with backgrounds and skills in social work, mental health counseling, nutrition, wellness, case management, HIV testing, training, public health policy, and fund-raising."

Services Provided: Education/Training, Materials/Condom Distribution, HIV and Hep C Testing, Services for People Living with HIV

Clients Served: Adults

<u>Special Programs</u>: **Afia Center**: The Afia Center is located at the Matthewson St. Church at 134 Matthewson Street Providence, RI 02903-1892. The Afia Center offers a variety of services, including meals and a food bank, for current clients who are HIV positive. The Afia Center is open on Wednesdays and Thursdays from 12:00 noon – 2:00 pm.

<u>Languages Spoken</u>: English, Spanish, Portuguese Forms of Payment Accepted: Free– Some Services

Brain Injury Association of Rhode Island

Phone: 401-228-3319

Email: braininjuryctr@biaofri.org Website: www.biausa.org/RI

Address: 1017 Water Ave.. East Providence, RI 02914

"To prevent brain injury and to enhance the lives of those affected by brain injury".

<u>Services Provided</u>: Advocacy, Referrals, Support Groups, Prevention

Clients Served: Adolescents, Adults, Children, Criminal Justice-Involved, Deaf and Hard of Hearing, Families, Women and Infants, Older Adults,

Veterans and Military Families Languages Spoken: English

Forms of Payment Accepted: Free- All Services

Preventing Overdose and Naloxone Intervention (PONI)/The Miriam Hospital

Phone: 401-793-4790

Email: mmckenzie@lifespan.org
Website: http://hopeandrecovery.org

Address: 164 Summit Ave Providence, RI, 02906

Services Provided: Harm Reduction Services Including Overdose Prevention

Clients Served: Adults

Special Programs: Naloxone Distribution/Training

Languages Spoken: English, Spanish

Forms of Payment Accepted: Free- All Services

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Lifespan Community Health Institute

Phone: 401-444-8009

Email: rzaman@lifespan.org

Address: 335R Prairie Ave Suite 2-B

Providence, RI 02905

Webpage: http://www.lifespan.org/centers-and-services/life-community-health-services

"Lifespan coordinates hundreds of programs, events and community service activities that serve between 25,000 and 30,000 southern New Englanders annually. Programs are provided through Lifespan's partner hospitals and are often offered free or at a reduced cost to the community."

<u>Services Provided</u>: Referral Services <u>Clients Served</u>: General Public

<u>Languages Spoken</u>: English, Translation Available Forms of Payment Accepted: Free- Limited Services

Mental Health Consumer Advocates of RI, Inc./Oasis Wellness and Recovery Center

Phone: 401-831-6937

Email: execdirector@mhca-ri.org

Web: www.mhca-ri.org

Address: 1280 North Main Street

Providence, RI 02904

"Peer support in an environment where mental health consumers can stop by to relax, socialize and help develop whatever services and programs they want. Activities run as members feel appropriate. Mental health referral services available."

Services Provided: Advocacy, Community Groups, Referral Services, Drop In Centers, Support Groups

Special Program: Art group to encourage creativity and socialization

Clients Served: Adults

<u>Languages Spoken</u>: English, Spanish <u>Forms of Payment Accepted</u>: Free-All

Rhode Island College Outreach Programs

Phone: 401-456-8698

Email: outreachprograms@ric.edu Website: www.ricoutreach.org

Address: 600 Mt. Pleasant Avenue / East Campus-Bldg. 8

Providence, RI 02908

"Vocational Training Programs for Professional Jobs and Careers in Rhode Island"

Services Provided: Advocacy, Vocational Training, Referral Services, ESL Remediation

Clients Served: Adults (Must be 18 at time of internship)

Special Programs: 6 mos. certificate programs-Medical Assistant, Bookkeeping & Accounting Clerk,

9 mos. certificate program-Social and Human Service Assistant

Languages Spoken: English, Spanish, ESOL

Forms of Payment Accepted: DLT, DHS, ORS, RIDE. (Goal is to have all complete program debt free)

"It's a great time to clean out your medicine cabinet! Protect our kids, families and environment by properly disposing of your unwanted and expired medicines. Medicines in the home are a leading cause of accidental poisoning and flushed or trashed medicines can end up polluting our waters. Rates of prescription drug abuse are alarmingly high - over half of teens abusing medicines get them from a family member or friend, including the home medicine cabinet, and often without their knowledge." (http://www.takebackyourmeds.org/dea-events)



Mayor Jorge O. Elorza City of Providence



Deposit in MedReturn Bin Providence Public Safety Complex 325 Washington St. 1st Floor

WHAT YOU NEED TO KNOW:

- Open to all Providence residents, 24 hours a day, 365 days a year.
- Unused and expired medicines that remain in home medicine cabinets can be susceptible to misuse and abuse.
- The following items may be dropped off in the MedReturn bin: prescription patches, prescription medications, prescription ointments, over-the-counter medications, vitamins, medication samples and pet medications.
- The following items are not accepted: liquids, thermometers, hydrogen peroxide, inhalers, aerosol cans, lotions and "sharps" (i.e., needles, lancets, syringes and IVs).
- Residents with needles are encouraged to return them to AIDS Care Ocean State's needle exchange program, which can be reached at (401) 521-3603.
- Deposit pills in ziplock bags, not pill bottles displaying personal medical information.

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For more information contact:
Obed Papp, Drug Free Communities Director
401-680-5505 or opapp@providenceri.gov

Healthy Communities Office
Providence City Hall
25 Dorrance Street, Room 111
Providence, RI 02903
www.providenceri.gov/healthy-communities

In Partnership with

