

Prescription Drug abuse is in your backyard.

HEROIN is in your backyard.

OVERDOSE is in your backyard.

Chariho

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HELP STOP OVERDOSE ❤️



**Recognize an
overdose**

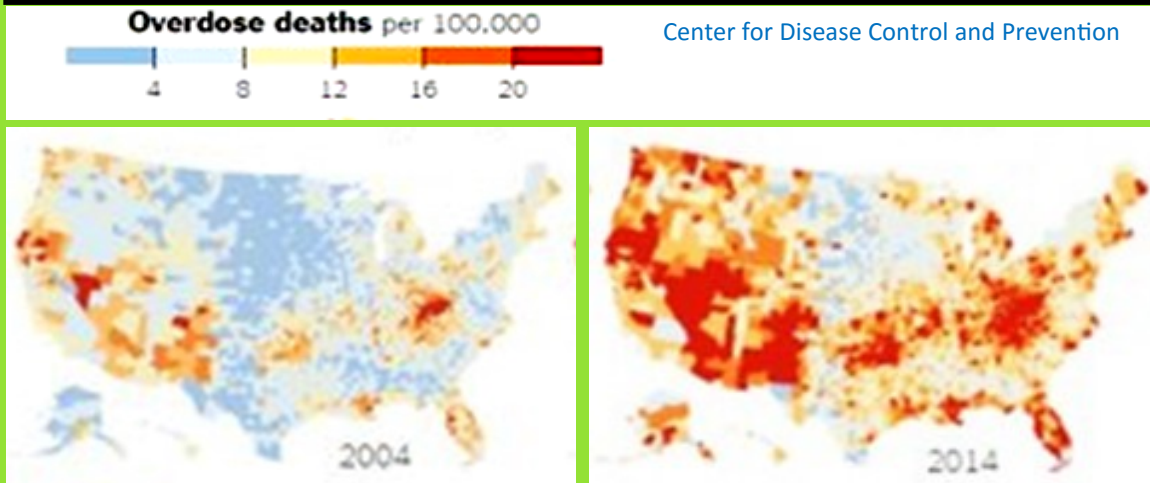


**Save a life
Call 9-1-1**





**Give
Naloxone**

Just because a pain killer can be prescribed by a doctor, doesn't mean it can't hurt you.



In 2015, 1 in 20 adolescents and adults – 12 million people – used prescription pain medication when it was not prescribed for them or only for the feeling it caused. While many believe these drugs are not dangerous because they can be prescribed by a doctor, abuse often leads to dependence. And eventually, for some, pain medication abuse leads to heroin.



 **1 IN 15** 

PEOPLE WHO TAKE NON MEDICAL
PRESCRIPTION PAIN RELIEVERS WILL TRY
HEROIN WITHIN 10 YEARS* (NIDA)

In 2014



#6

**RHODE ISLAND
RANKED 6TH HIGHEST IN THE US
FOR OVERDOSE DEATH RATES**

© PreventOverdoseRI.org <http://www.oac.gov/immwipctw/mmm6e1218.pdf>

Rhode Island is in the middle of an overdose epidemic



More than 1,000 Rhode Islanders have died of a drug overdose in the past 5 years.

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In Rhode Island, more people die from OVERDOSE



than from GUNS & CARS Combined



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http://www.cdc.gov/nchs/pressroom/states/RI_2015.pdf

Here's where to start.



What Can You Do?

- Be more aware of the medications in your home
- Lock up medications in a safe place
- Dispose of old or unused medications properly
- Be aware of the signs of prescription abuse
- Call 9-1-1 if you or someone else is in need of medical assistance due to a drug overdose.



FREE prescription drug lock-up bags are available at:
Wood River Health Center
Narragansett Tribal Health Center.



FREE environmentally friendly drug disposal bag at:
Wood River Health Center
Narragansett Tribal Police Department
Richmond Police Department
Hopkinton Police Department
Charlestown Police Department



FREE 24/7 prescription and over the counter drug drop off box at:
Narragansett Tribal Police Department
Richmond Police Department
Hopkinton Police Department.
Charlestown Police Department

Talk to young people about partying & overdose.



Most overdoses happen when painkillers or heroin are mixed together with other drugs, pills, or alcohol.

"How do you stay safe when you're at a party?"

"What do you know about overdose?"

"Who would call 911 if you or a friend couldn't wake up?"

The classes of prescription drugs most commonly abused are: opioid pain relievers, such as [Vicodin](#) or [OxyContin](#); stimulants for treating Attention Deficit Hyperactivity Disorder (ADHD), such as [Adderall](#), [Concerta](#), or [Ritalin](#); and central nervous system (CNS) depressants for releasing anxiety, such as [Xanax](#) or [Valium](#). The most commonly abused OTC drugs are cough and cold medicine remedies containing dextromethorphan ([DXM](#)).

What's in your medicine cabinet?



Learn to recognize an overdose

**breathing
slow**



**snoring or
gurgling**



**can't be
woken up**



**turning
blue**



Get Naloxone.



Naloxone can reverse opioid overdose and save a life. It is safe, cheap, and legal for anyone to carry.

You can get naloxone at the pharmacy counter. The people at the pharmacy will train you on how to use naloxone.

**Take action if you think
someone is overdosing**



Call 911



Give Naloxone



Rescue Breathing



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