# IMPAIRED DRIVING

Car crashes are the leading cause of death among 16-19 year olds





# **Driving Under the Influence**

- In Rhode Island, alcohol impaired crashes accounted for 42% of total crashes in 2015.
- From 2016 to 2017, Rhode Island saw a 61% increase in fatalities from alcohol-related crashes.
- 1 in 6 people involved in fatal crashes in 2014 had recently used marijuana.
- A higher percentage of young adults aged 18-25 drive after taking drugs or drinking than adults 26 and older.









• According to National Highway Traffic Safety Administration (NHTSA) Sending or reading a text takes your eyes off the road for 5 seconds. At 55 mph, that's like driving the length of an entire football field with your eyes closed.

# **Driving while Emotionally Unstable**

 Emotional driving, driving while observably angry, sad or emotionally agitated, increases the risk of an accident nearly tenfold.







#### Visual and Noise Distractions while Driving

- Using an electronic cigarette or "vaping" is a visual distracting while driving
- According to the DMV, having any conversations with other teens while driving increases crash risk.



• Listening to music in your car can be good, even beneficial, to your driving, but listening to loud music in your car can be incredibly distracting. Studies show that reaction time can slow as much as 20% when someone is listening to loud music.



### Occupied Hands while Driving

- When drivers engage in distracting activities requiring them to take eyes off the road such as eating, reading or writing, or applying make-up are more than double their crash risk.
- A driver who is drinking or eating is 3.6 times more likely to be in an automobile crash than attentive drivers who are not eating or drinking while driving

# **Driving while Drowsy**

- According to NHTSA, less than 4 hours of sleep is the equivalent to drunk driving at the 0.08 limit
- 7 percent of all crashes and 16.5 percent of fatal crashes involved drowsy driving, suggesting that more than 5,000 people died in drowsy-driving-related motor vehicle crashes in the US last year.











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