

# Integrating Across Systems: Multi-Sector Partnerships in Prevention

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Integrating Primary and Behavioral Care Through  
the Lens of Prevention

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Substance Abuse and Mental Health  
Services Administration

# Data Landscape



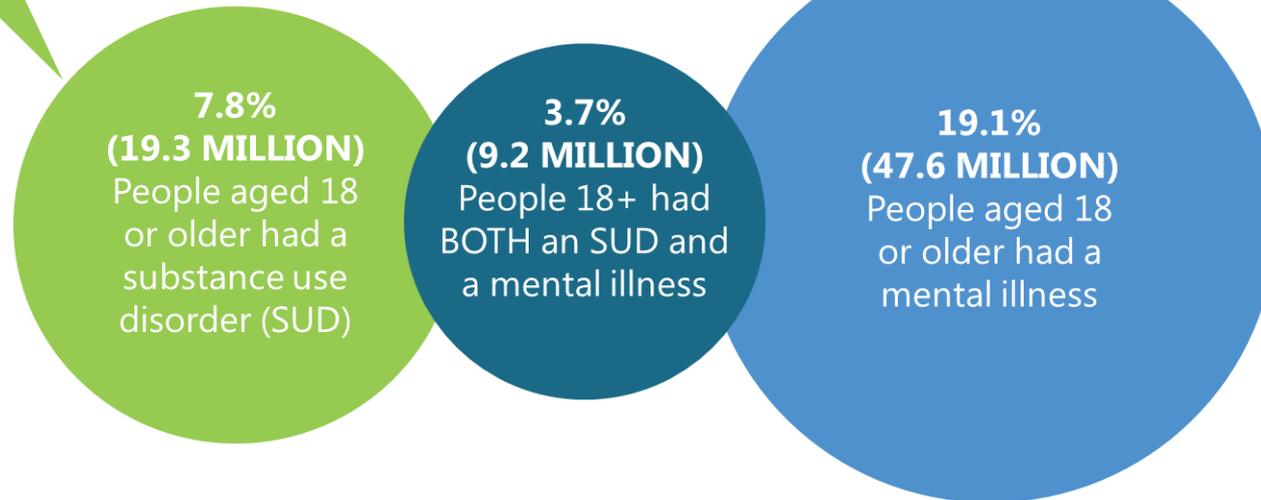
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# Mental Illness and Substance Use Disorders in America

PAST YEAR, 2018 NSDUH, 18+

**Among those with a substance use disorder:**  
**3 IN 8 (38.3% or 7.4M)** struggled with illicit drugs  
**3 IN 4 (74.5% or 14.4M)** struggled with alcohol use  
**1 IN 8 (12.9% or 2.5M)** struggled with illicit drugs and alcohol

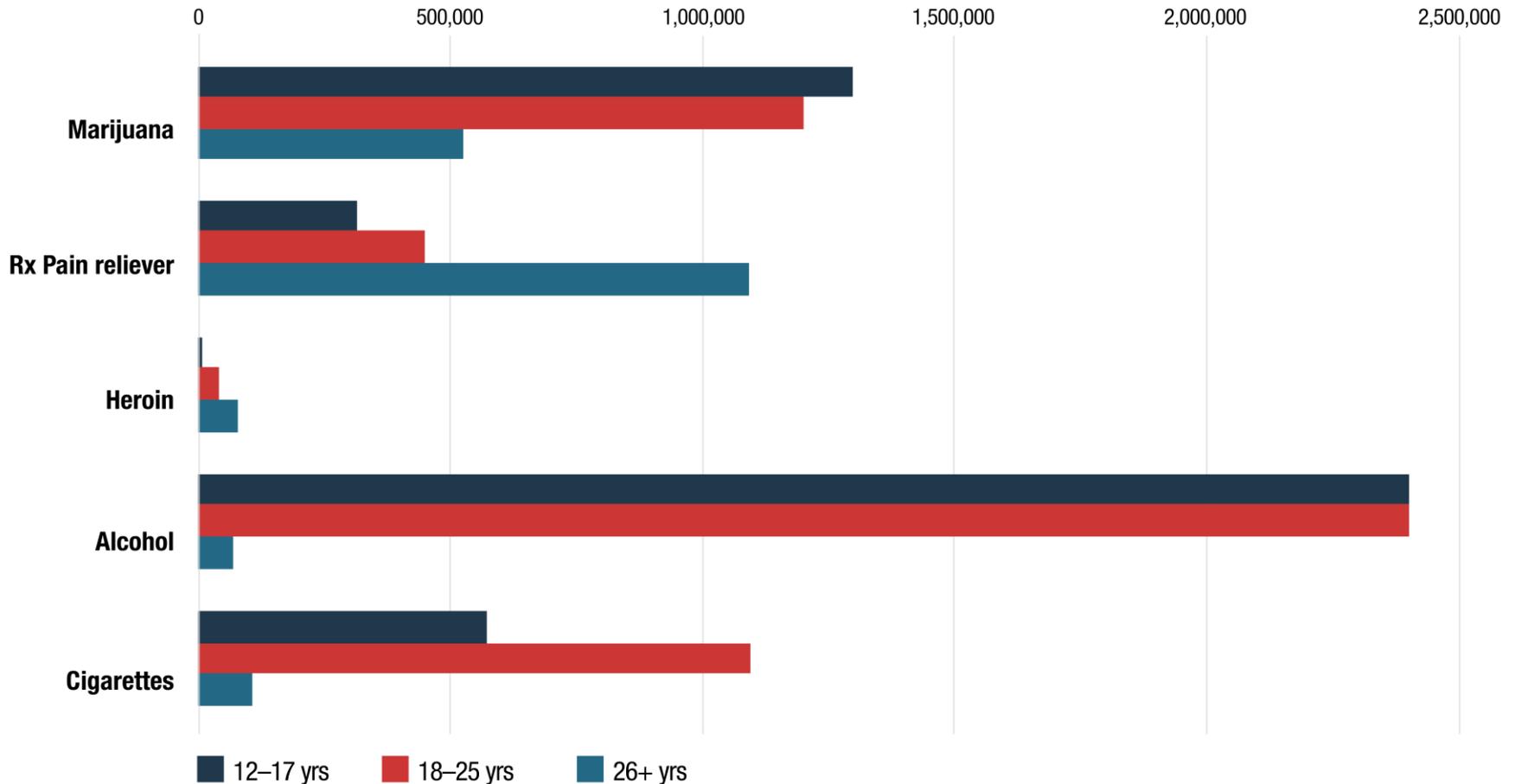
**Among those with a mental illness:**  
**1 IN 4 (23.9% or 11.4M)** had a serious mental illness



In 2018, **57.8M** Americans had a mental and/or substance use disorder.

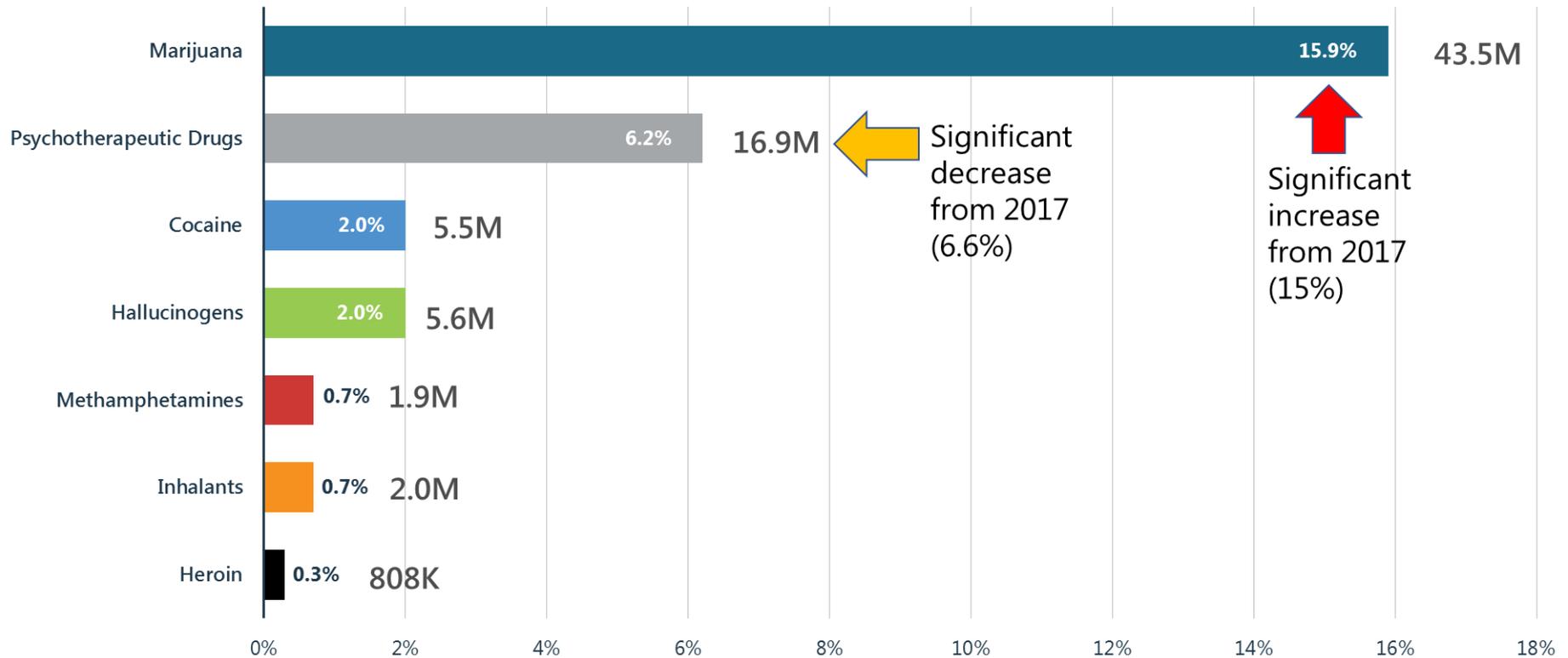
**Source:** SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.

# Past-Year Initiates of Substances by Age Group



**Source:** SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.

# Illicit Drug Use: Marijuana Most Used Drug

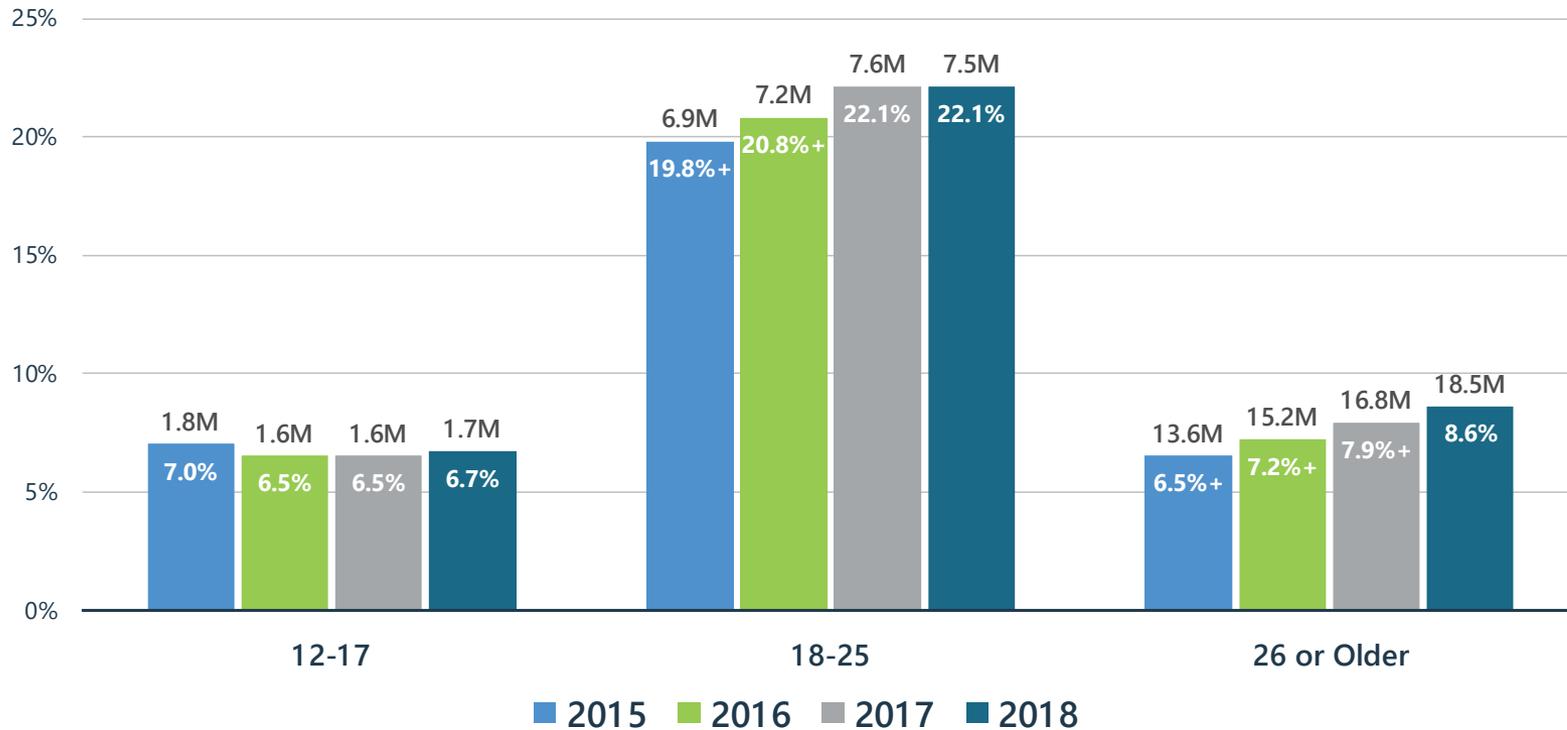


PAST YEAR, 2018 NSDUH, 12+

Source: SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.

# Marijuana Use

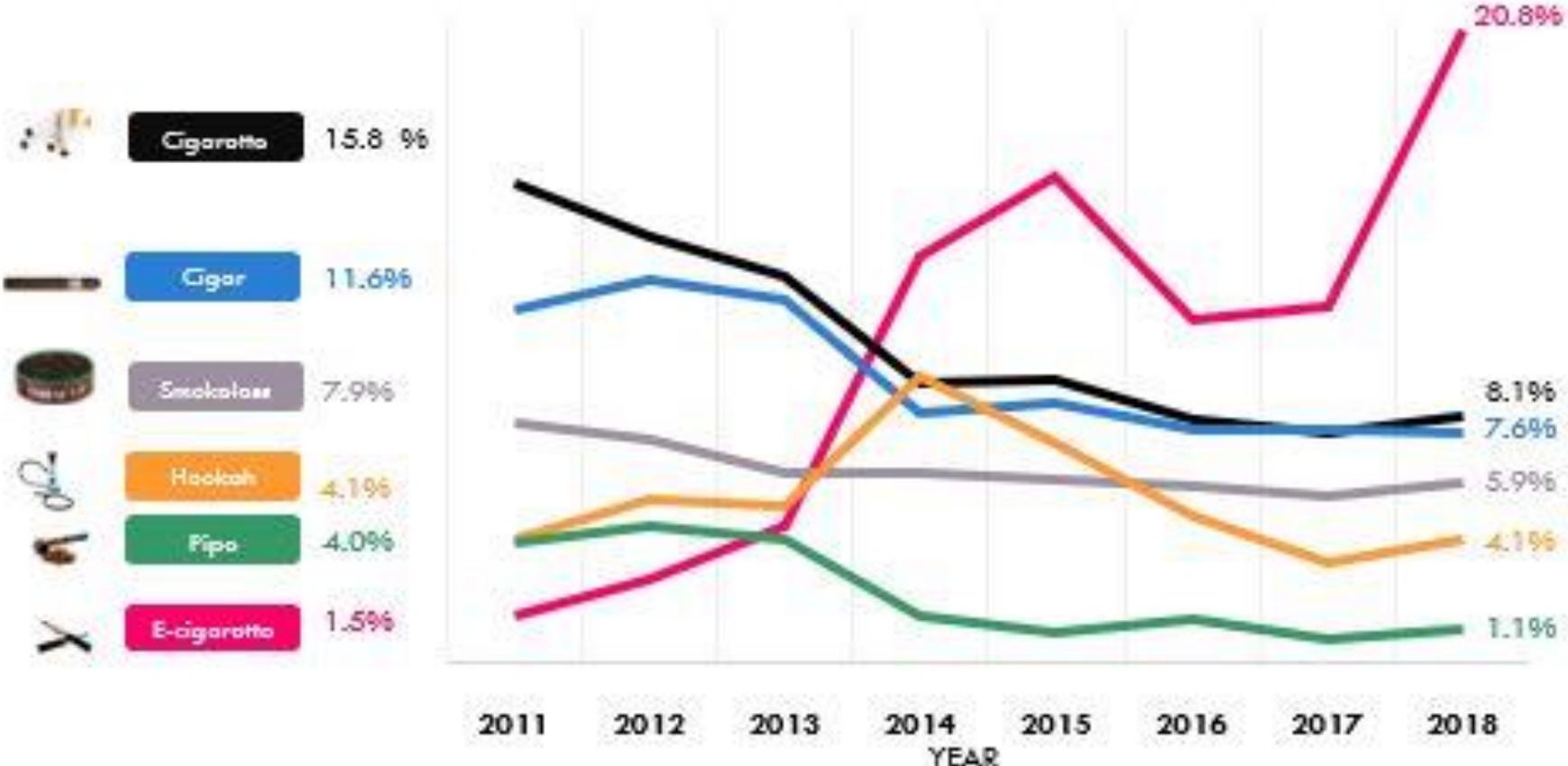
PAST MONTH, 2015-2018 NSDUH, 12+



+ Difference between this estimate and the 2018 estimate is statistically significant at the .05 level.

**Source:** SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.

# Current Tobacco Product Use Among U.S. High School Students



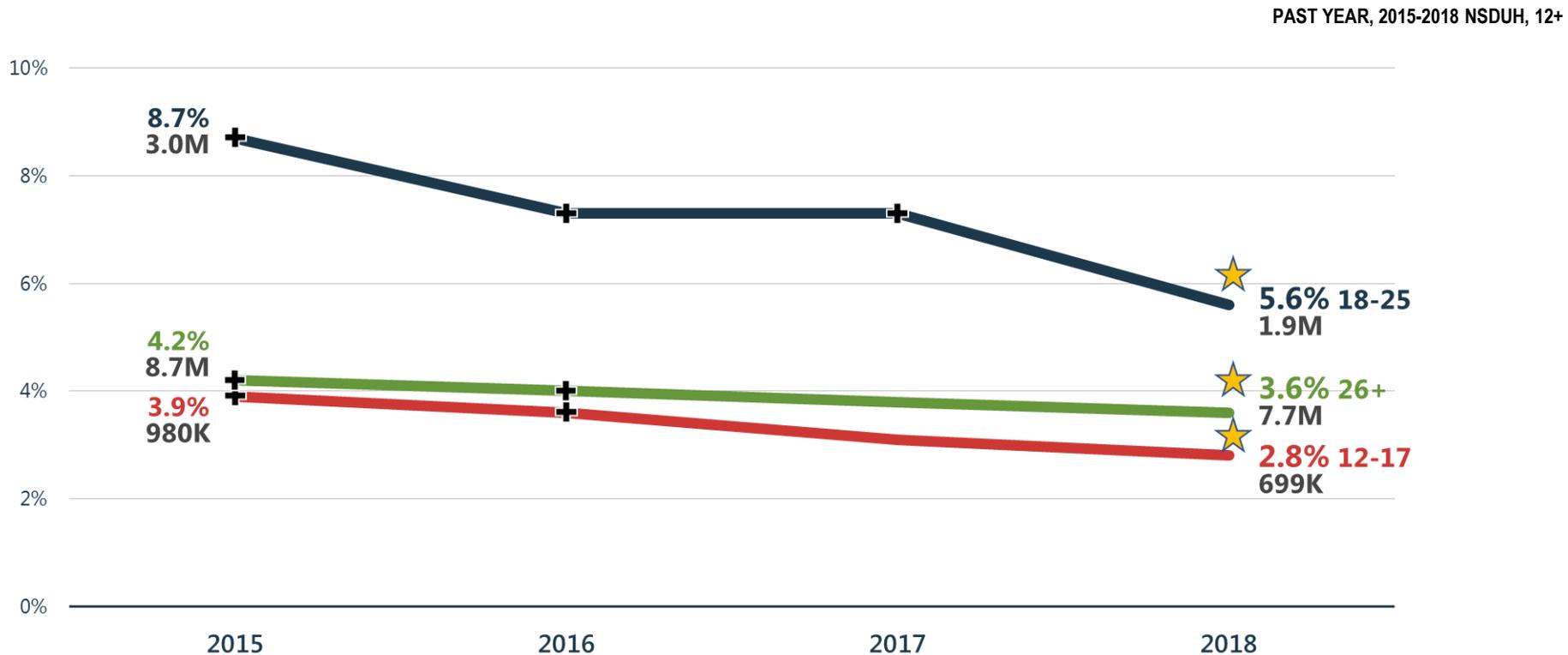
Source: Gentzke, et al. (2019).

# Trends in E-Cigarette Use

- More than 3.6 million youth used e-cigarettes in 2018.
- 17.1 percent believed they are less harmful than other forms of tobacco, like cigarettes
- 1.5 million more students used e-cigarettes in 2018 compared to 2017.
  - 78 percent increase in use among high school students
  - 48 percent increase in use among middle school students

*Source:* U.S. FDA (2019).

# Opioid Misuse

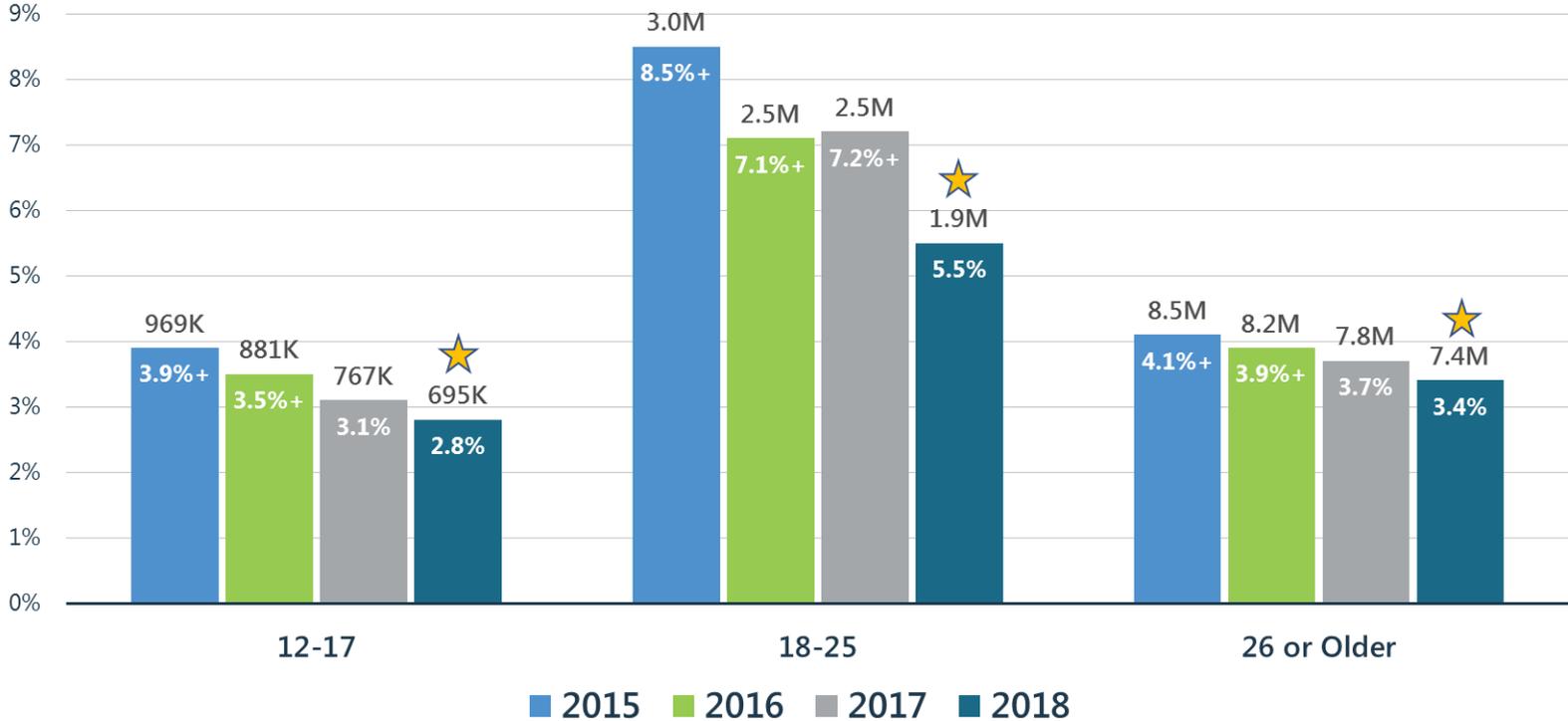


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**Source:** SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.

# Prescription Pain Reliever Misuse

PAST YEAR, 2015-2018 NSDUH, 12+



+ Difference between this estimate and the 2018 estimate is statistically significant at the .05 level.

Source: SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.



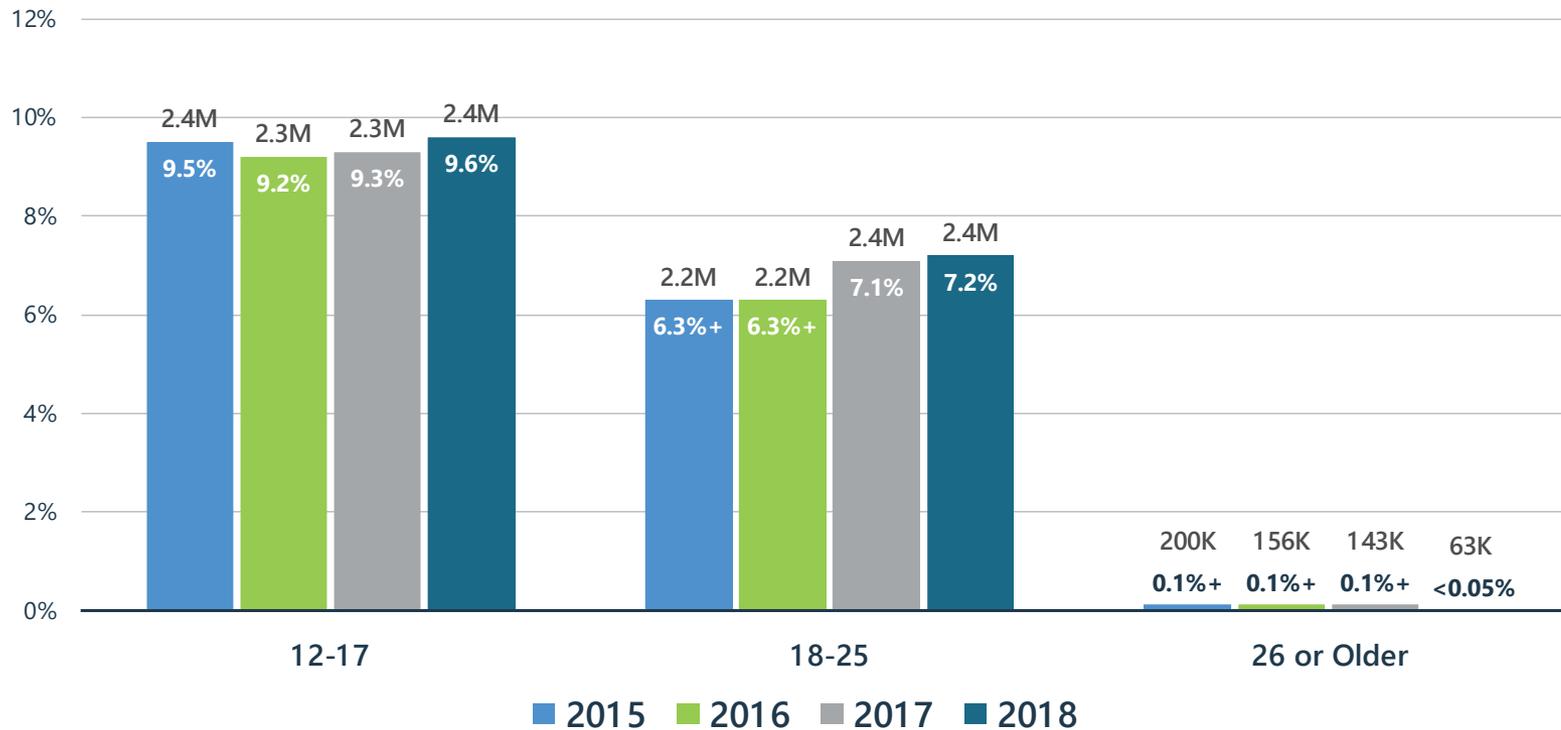
# Key Underage Drinking Facts

- Alcohol is the leading contributor to injury deaths under age 21.
  - 4,300 alcohol injury and overdose deaths
  - Far exceeds the number of opioid deaths (1,034)
- 58 percent of opioid overdose deaths involve other drugs or alcohol.

*Sources:* Centers for Disease Control and Prevention (2018); Kandel et al., Drug and Alcohol Dependence, (2017).

# Alcohol Initiates

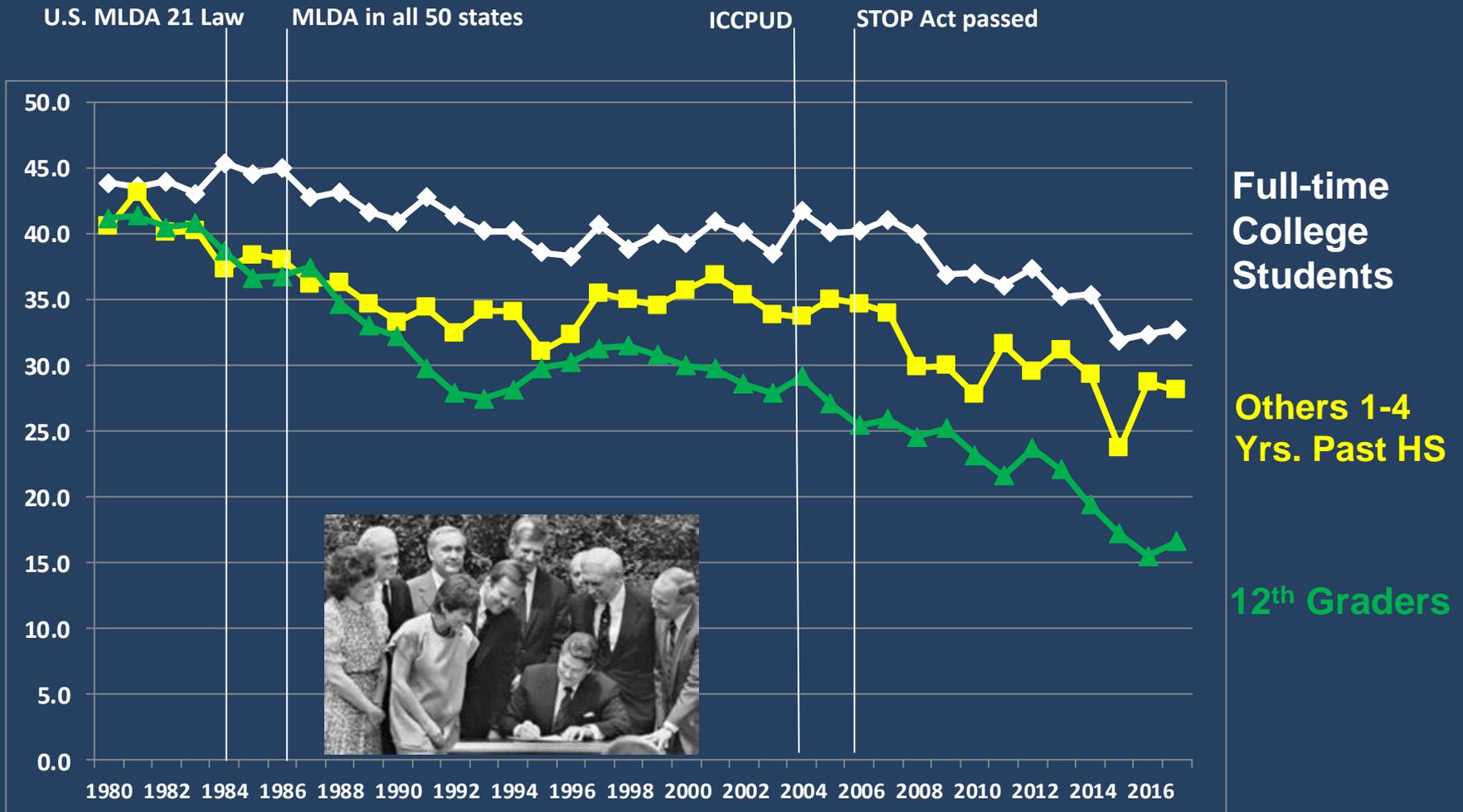
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**Source:** SAMHSA. (2019). *Key substance use and mental health indicators in the United States: Results from the 2018 National Survey on Drug Use and Health*. Rockville, MD: CBHSQ, SAMHSA.

# Underage Drinking Prevention Success



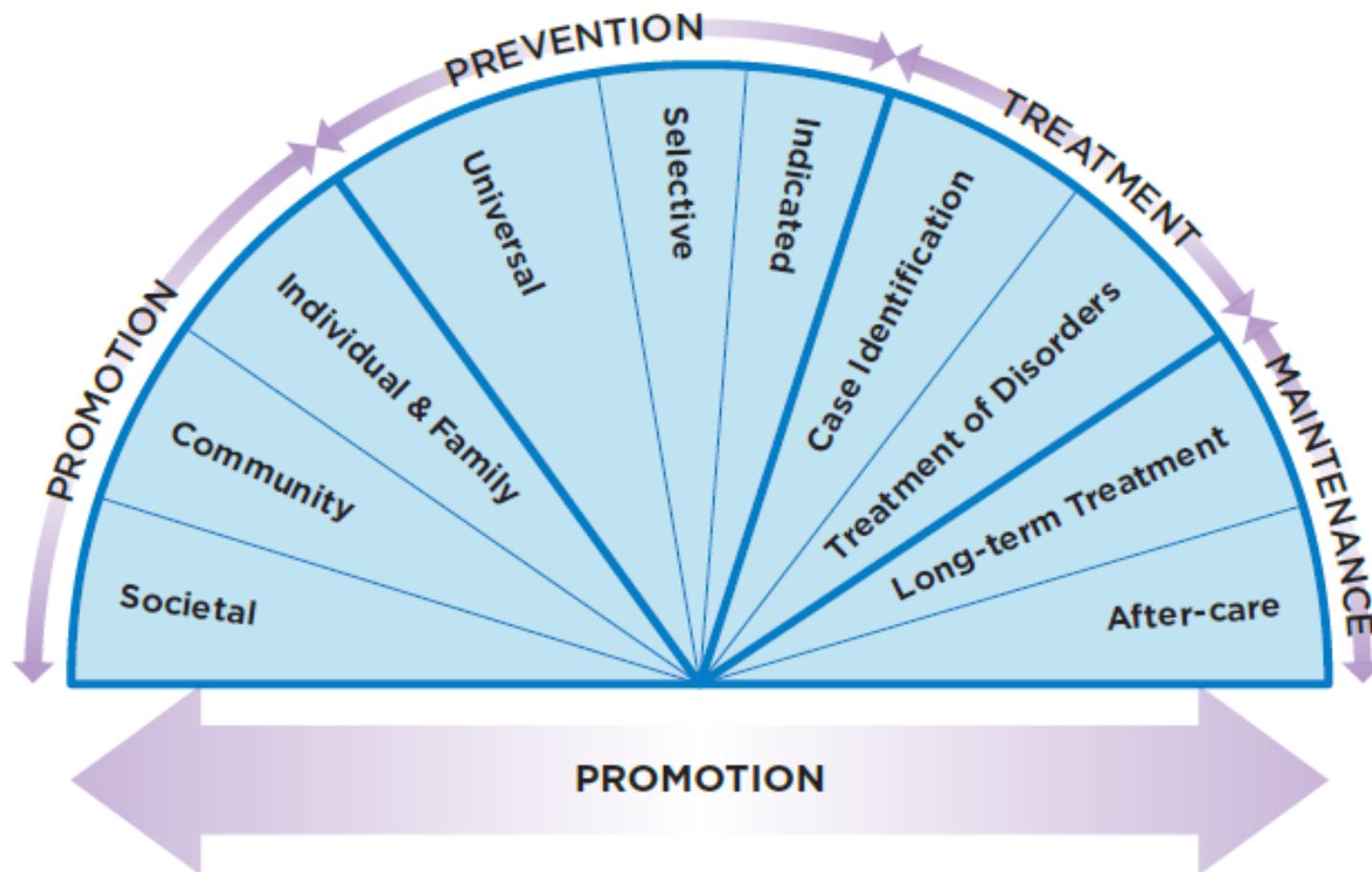
Source: Monitoring the Future, 2018

# SAMHSA's Prevention Approach



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# Continuum of Care



National Academies of Sciences, Engineering, and Medicine 2019. Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth: A National Agenda. Washington, DC.: The National Academies Press. <https://doi.org/10.17226/25201>.

# Prevention Grant Programs - Communities



- Drug-Free Communities (DFC): **723 grants**
- Drug-Free Communities Mentoring: **6 grants**
- Community-Based Coalition Enhancement Grants to Address Local Drug Crises (CARA Local Drug Crisis): **55 grants**
- Sober Truth on Preventing Underage Drinking Act (STOP Act): **97 grants**
- Capacity Building for Substance Abuse and HIV Prevention for At-Risk Racial/Ethnic Minority Youth and Young Adults (HIV CBI): **122 grants**
- Prevention Navigator: **20 grants**
- Strategic Prevention Framework – Partnerships for Success 2019 (SPF-PFS): **Up to 127 grants**

# Partnerships to Prevent and Reduce Underage Drinking



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# Collaboration in a Changing Landscape

- **Civic and Community Organizations (Nonprofits)**
- **Education**
- **Healthcare and Behavioral Health**
- **Law Enforcement**
- **Media**
- **Parents and Youth**
- **Public Policy**
- **State, local or tribal agencies**
- **Workplace/Business**



# Connecticut: Multi-Sector Partnerships to Address Underage Drinking



- State prevention infrastructure
- Local prevention infrastructure
- Community engagement: Coalitions
- Higher education
- Dissemination and public awareness

# Louisiana: Multi-Sector Partnerships to Address Underage Drinking

## Infrastructure – State Interagency Collaboration



- Office of the governor
- State-level agencies
- Law enforcement
- Public health
- Other stakeholders

# Washington: Using Multi-Sector Partnerships to Address Underage Drinking



- State prevention infrastructure
- Higher education
- Dissemination and public awareness
- Tribal governments
- State interagency collaboration

# Counties: Using Multi-Sector Partnerships to Address Underage Drinking

- Central Florida  
(Orange, Brevard, Osceola, and Seminole Counties)
- 1.34 Million residents in Orange County Alone
  - 22% of population under the age of 18
- Nearly \$1 million used for multi-county prevention campaign



# Drug-Free Coalitions – Unique Partnerships

- North Memorial Health System (MN) serves as the fiscal agent for a Drug Free Communities Coalition.
- Most of its work with primary care has been focused on non-medical use of prescription drugs.
- First health system in the Minneapolis/St. Paul metro area to integrate the prescription monitoring program directly into electronic health records.



# State Level Data

State Performance and Best Practices for the Prevention and Reduction of Underage Drinking:

[https://www.stopalcoholabuse.gov/media/ReportToCongress/2018/report main/State Performance Best Practices.pdf](https://www.stopalcoholabuse.gov/media/ReportToCongress/2018/report%20main/State%20Performance%20Best%20Practices.pdf)

State Profiles:

<https://www.stopalcoholabuse.gov/townhallmeetings/stateprofiles/fullmap.aspx>

NSDUH 2016-17 State Result Reports:

<https://www.samhsa.gov/data/nsduh/state-reports-NSDUH-2016>

# Training, Technical Assistance, and Educational Resources



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# SAMHSA Technology Transfer Centers



**PTTC**

Prevention Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

<https://pttcnetwork.org/>



**ATTC**

Addiction Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

<https://attcnetwork.org/>



**MHTTC**

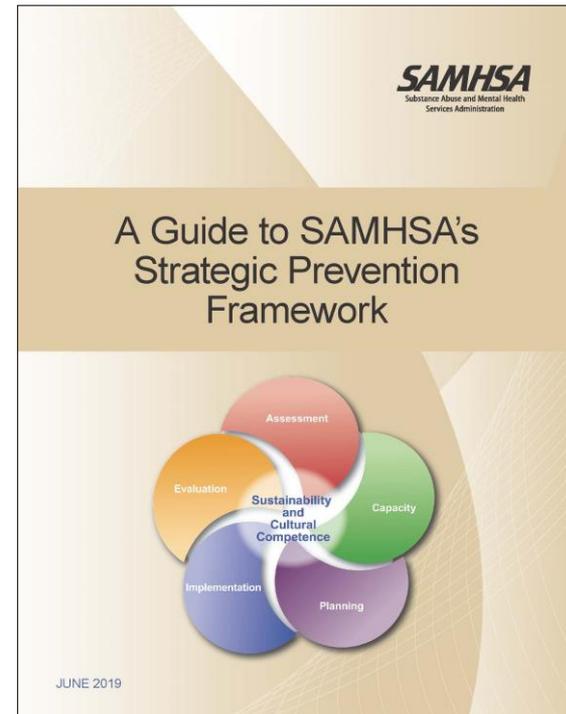
Mental Health Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

<https://mhttcnetwork.org/>

# EVIDENCE-BASED PRACTICES RESOURCE CENTER

<https://www.samhsa.gov/ebp-resource-center>

- ✓ Part of a comprehensive approach to identify and disseminate evidence-based practices
- ✓ Represents the latest scientifically based policies, practices and programs on mental health and substance use
- ✓ Practical and useful tools for use in community and clinical settings



# SAMHSA Helplines and Find Treatment Locator



**1-800-273-8255 (TALK)**



**1-800-662-HELP (4357)**



**1-800-985-5990**



New and improved website

<https://findtreatment.gov/>

# SAMHSA Educational Resources

## SAMHSA Store – Publications and Digital Products

Find and download free publications, apps, and other resources on treatment, prevention, and recovery for mental and substance use disorders.

<https://store.samhsa.gov/>

**i**alk  
they hear you®

Substance Use  
Prevention

<https://underagedrinking.samhsa.gov/>

**preventionworks**

RESOURCES, NEWS, AND IDEAS  
TO MAKE SUBSTANCE USE PREVENTION  
HAPPEN EVERY DAY.



<https://www.samhsa.gov/prevention-week>

**STOP**  
UNDERAGE DRINKING



communities  
**talk**

[www.stopalcoholabuse.gov](http://www.stopalcoholabuse.gov)

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# Partnership Challenge Questions

1. Which other sector(s) would enhance your existing networks to prevent alcohol and other drug misuse and abuse in your communities?
2. What tools do you need from SAMHSA to support these collaborative partnerships?

SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

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