

“The Mystifying and Magnificent Teenager”

Parents’ guide to raising children

South County Health, Narragansett Prevention Partnership, and SK Wellness are partnering on a four part series to help guide parents through some of the challenges associated with parenting.

The series is free and open to the public, but registration is requested to ensure seating.



“The Mystifying and Magnificent Teenager”

This session focuses on:

- understanding the developing teenage brain
- learning how to not take teenager’s behavior personally, and
- skills that can support teens and keep them connected to you



WHEN: Wednesday, January 29, 2020
TIME: 6:30 - 8 p.m.
WHERE: South County Hospital, 100 Kenyon Avenue, Wakefield Potter Conference Room

To register online: visit our Eventbrite page

To register by phone: (401) 212-3811

To register by email: narraprevention@gmail.com

The January 29 session is presented by **Renae Martin**, RN, BSN, BS, CPS, Project Coordinator at the Narragansett Prevention Partnership, and **Susan J. Littlefield**, LMHC, who has a private counseling practice in East Greenwich and facilitates parenting classes and groups, youth retreats and positive life skill courses throughout Rhode Island.

South County Health is the preeminent healthcare provider serving Washington County and beyond, encompassing: **South County Hospital**, **South County Home Health**, **South County Medical Group**, and **South County Surgical Supply**, providing a continuum of care and comprehensive range of advanced inpatient, outpatient and home health services. www.southcountyhealth.org

The Narragansett Prevention Partnership is the substance abuse prevention coalition in Narragansett. The core membership is made up of school administration, police officers, parents, local like-minded agencies and businesses. www.narragansettprevention.org

SK Wellness works out of South Kingstown public schools to promote optimal mental health among South County residents through education and advocacy. www.swellri.org

Additional sessions and topics will be announced once dates, times and locations are confirmed.