



Say This: Person with a substance use disorder

Not This: Substance abuser or drug abuser, alcoholic, addict, user, abuser, drunk or junkie

What you can do

If you are experiencing pain, or taking pain medications, talk with your health care provider about a pain management plan that is right for you.

Help us promote understanding that it's not a moral failing, but a chronic illness that we need to treat with skill, urgency, and compassion. Treatment and recovery from opioid addiction is possible, and there is help.



**East Bay
Regional Coalition**
Member of Rhode Island Regional Coalitions



Rlprevention.org



We all have a role to play in Rhode Island's overdose epidemic.

In an effort to reduce the stigma that results from language that shames or condescends, this card offers suggestions for language to use instead.

What we say and how we say it makes a difference.

Say This: Use, misuse

Not This: Abuse

Say This: Risky, unhealthy,
or heavy use

Not This: Problem

Say This: Person in recovery,
abstinent, not drinking or
taking drugs

Not This: Clean

Say This: Treatment or
medication for addiction

Not This: Substitution or
replacement therapy

Say This: Substance use
disorder or addiction

Not This: Drug habit

Say This: Positive, negative
(toxicology screen results)

Not This: Clean, dirty



BEHAVIORAL HEALTH



BH Link

Call 401-414-LINK (5465)

for immediate access to
treatment options.

We are here for one another.
You are not alone!

*If you see someone is not
breathing or you think they
are overdosing, Call 911*



*The Barrington Adult Youth Team
Barrington's Prevention Coalition
www.thebayteam.org*



East Providence Prevention Coalition
Promoting Healthy Lifestyles in East Providence



Warren
Prevention Coalition