

How You Can Help Protect Your Child After an Injury



When your child is injured, there are a few things that can be done to minimize the risks associated if a pain medication is required. *On the back of this card are a few important things to consider.*



**East Bay
Regional Coalition**
Member of Rhode Island Regional Coalitions



- Does the pain medication being prescribed have any **addictive side effects**?
- Could pain be managed with an **alternative medication** that minimizes or eliminates the risk of addiction?
- Can **therapy techniques** be utilized to reduce the dosage or the duration that pain medication will be required?
- Does the **duration** for pain management required coincide with the **amount** of medication prescribed?

For more information please go to thinkaboutpain.com