



**MENTAL
HEALTH
FIRST AID®**

**Kent Prevention Coalition and the
Plymouth County Suicide Prevention Coalition
Invite you to attend:**

Adult Mental Health First Aid Thursday, March 25th

Join us for this *free* training

Mental Health First Aid (MHFA) is an 8-hour course that teaches how to help someone who is developing a mental health problem or experiencing a mental health crisis. The National Council for Behavioral Health certifies individuals throughout the nation to provide courses to prepare their communities with the knowledge and skills to help individuals who are developing a mental health problem or experiencing a crisis.

An Evidence-Based Program, the training helps the public better identify, understand and respond to signs of mental illness and substance use disorders.

This training is targeted to individuals who interact with **adults**.

Trainers: Jennie Babcock & Paul Gabriele

Date: Thursday, March 25 9:30 am – 3:30 pm

Location: ZOOM

Time: 9am - 3pm training

Click [here](#) to register or use your phone on the QR below!



**Kent County
Prevention Coalition**
Member of Rhode Island Regional Coalitions



Examples of sectors that may want to be trained:

Health and human service workers

Educators and administrators

Human resource professionals

Members of faith communities

Nurses/physician assistants/ primary care workers

Police, first responders, corrections, and security

Mental health front line workers

Homeless shelter workers

Persons with mental illness and their families

Caring citizens

Policymakers

Substance use treatment professional

Social workers