

OPT INTO KNOW **THE** BUZZ TEXT MESSAGING

SPC regional prevention coalition is sponsoring the Know the Buzz Text messaging program for all parents in our region (Cranston, Johnston, North Providence, Scituate, and Smithfield).

This is a free service offering parents tips to talk with their youth about mental health and substance use prevention. Keeping up to date on these important subjects is a crucial part of helping youth navigate their way through middle and high school. Since parents are very busy, the messaging is short and easy to read.

Text the town you
live in to **401-258-7876**
or scan **QR code** to opt
into this free service for tips
to talk with your child about
mental health and substance
use prevention



Sponsored by:
**Southern Providence County
Regional Coalition**

Cranston • Johnston • North Providence • Scituate • Smithfield
www.spcprevention.org

