



# Traffic Safety & Wellness Workshops

Saturday, October 23, 2021 • 10:00 - 1:00

Warwick Public Library, 600 Sandy Ln, Warwick, RI 02889

**FREE To Attend • Light Refreshments**

**Must Register At Our Website or Click The Link Below**

**[CLICK HERE TO REGISTER](#)**

This workshop is open to any RI high school students, parents, prevention coalitions and traffic safety leaders. The goal of these workshops is to educate our community about different topics around traffic safety and wellness.



## Traffic Safety and Mental Health

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Isabelle Boullier will present her research project on mental health and traffic safety. It's time to discuss our mental health behind the wheel and why it is equally important.



## Cannabis, Driving High & How It Effects Us

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Diana Gugliotta, Senior Manager of Public Affairs at AAA Northeast will discuss what happens to our mental state while under the influence of cannabis.

## For Teens



## BREAK OUT SESSIONS

## For Parents



### 7 Mindful Driving Tips

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Youth Driven Student Leaders will go over the seven mindful driving skills to help keep you calm and safe while driving.

### Talking To Your Teen About Driving Safely

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Mayra Peguero-Bueno, Student Assistance Counselor at Central Falls HS, will discuss how to start the difficult yet necessary conversation with your teen about safe driving habits.