

## WARWICK HEZ FAMILY FUN AND WELLNESS DAY

## Come Celebrate with Us! All are Invited!

Yoga, Mindful Meditation, Healthy Food Education, Mental Health and Health Education, Face Painting, Live Music by the Teens from the Boys and Girls Club!

> Saturday April 23<sup>rd</sup> 2022 2756 Post Rd (Thrive Building Parking Lot) 10am-2pm Gifts for all who attend!

