## Motivational Interviewing for Priority Populations: Supporting the LGBTQIA2S+ Community



FREE Two-day Training

8 NASW/RI CEUs (must attend both days to receive credits)

**April 9 and 16, 2024** 

10 am - 2:30 pm

**LUNCH PROVIDED!** 

Hampton Inn 20 Hotel Dr., South Kingstown, RI 02879

MI is a culturally competent, trauma-informed practice rooted in approaching each person as an individual and providing them the space for inquiry, self-generated goals and inspired next steps. An effective MI practitioner is richly rewarded for taking the time to build their skill set. They easily create impactful, collaborative relationships with the people they help.

Research shows that people supported by helpers who care, demonstrate accurate empathy, and are authentic tend to have better outcomes. For an MI beginner, it's common to feel far from authentic and to struggle with choosing which skill to use in the moment. This course is designed to provide a simple, useful menu of the most impactful options, to discuss why they work, and to allow enough practice time to feel very comfortable using them in the field.

This highly interactive 8-hour course is appropriate for people at all levels of MI experience. It is not an overview of every aspect of MI theory. You will focus on some of the most helpful elements of the MI framework and spend most of your time practicing the skills.

You will, also, look specifically at the unique challenges faced by the LGBTQIA2S+ community and explore the real-life situations that you face in your own work. The goal is to up-level your MI skills so you feel more confident, more authentic, and bring your whole self into powerful, helpful conversations with the people you serve.

Email nkimmerlein@risas.org with questions.



