



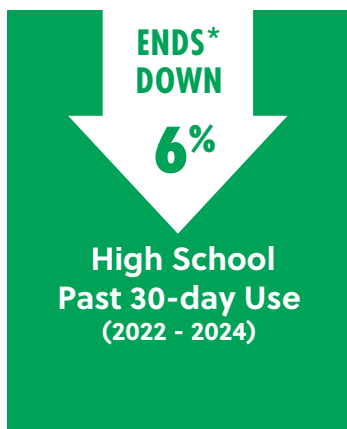
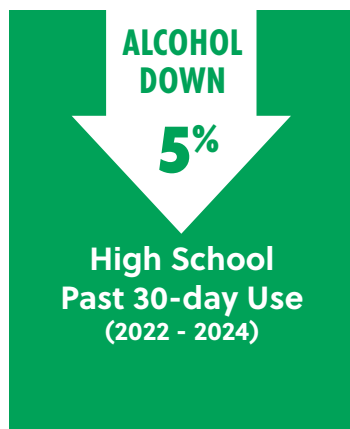
Rhode Island Regional Coalitions

Prevention and Health Promotion for Life.

PREVENTION AT WORK

Preventing substance use and promoting wellness with
data-driven environmental strategies.

Prevention Works!



Evidence-based programs and practices - prevent health problems based upon the best available research evidence. Examples:

Media Ready - middle school students learn to recognize influential marketing strategies that aim to increase their use of substances

Incredible Years early intervention program for teachers, parents, and counselors

Classroom health curriculums such as Project Northland, Towards No Drug Abuse

Bingocize falls prevention program for older adults to lessen the potential need for opioids

Environmental prevention strategies reduce access and availability- target the substance (e.g. the availability of alcohol) and the environment (e.g. policies to reduce youth access) Examples:

Police compliance checks of retailers to ensure no sales to minors

Drug Take Back programs to rid homes of unwanted medications

Lock bags safe storage to keep medications and cannabis away from children and pets

Responsible Beverage Server training



41% OF STUDENTS BELIEVE MARIJUANA EDIBLES WOULD BE EASY FOR THEM TO OBTAIN

*ENDS= electronic nicotine delivery systems

Rhode Island Department of Behavioral Healthcare, Developmental Disabilities, & Hospitals funded prevention programs

Partners in Prevention

- Healthcare/Mental Health Agencies
- Treatment & Recovery Agencies
- Schools & Youth Organizations
- Youth-Serving Organizations
- Faith & Fraternal Organizations
- Community Volunteers
- Law Enforcement & State Agencies
- Businesses & Media



Project SUCCESS

Project SUCCESS is an evidence-based prevention program proven effective in preventing and reducing substance use among youth ages 12 to 18.

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|--|--|-------------------------------|
| ■ Mental health promotion and substance use prevention | ■ Early identification of substance use risk factors | ■ 40 high schools |
| ■ Master's-level Student Assistance Counselor in schools | ■ Counseling and referral | ■ 32 school districts |
| | ■ 36 middle schools | ■ Over 52,000 students served |

Results from the 2024 RISS show the following trends compared to 2022

SUBSTANCE USE

- ★ Decrease in past 30-day use of electronic nicotine delivery systems (ENDS) and alcohol among middle school students
- ★ Decrease in past 30-day use of marijuana, alcohol, ENDS, cigarettes, and prescription sedatives/tranquilizers among HS students
- ★ Significant decreases in percent of HS students who have ever driven or been a passenger in a vehicle driven by someone under the influence of marijuana
- ★ Significant increase in perceived parent disapproval of marijuana (smoke or vape) among HS students
- Increase in past 30-day marijuana use among middle school students

BULLYING

- Increase in perpetrating bullying and cyberbullying among middle school students

MENTAL HEALTH

- ★ Significant decreases in feelings of sadness or hopelessness among all students
- ★ Significant decrease in number of all students who have seriously considered attempting suicide
- ★ Significant decrease in number of HS students who have ever attempted suicide

- www.riprevention.org
- www.risas.org/our-programs/project-success/
- www.bhddh.ri.gov/prevention