

THE SCIENCE OF RELATIONSHIPS

Cultivating Connection with Youth to
PREVENT, PROTECT, & FLOURISH



PURPOSE

To equip professionals with knowledge and skills to cultivate connection and health-promoting relationships with youth as protective factors across systems of influence.

FREE

SEPT 15 - 16

Southern New
Hampshire University

Manchester,
New Hampshire

REGISTER
HERE

LEARNING OBJECTIVES

DESCRIBE the core components of connection and health-promoting relationships with youth.

EXAMINE the science of connection and relationships as an important part of protective prevention strategies.

DEMONSTRATE the ability to form, nurture, and train on health-promoting relationships.

CONNECT in meaningful ways with other prevention professionals.

ADVANCE personalized and community action plans to incorporate key principles and practices for building relationships with youth and their ability to flourish.

Up to **11 FREE CE's** available!

INTENDED AUDIENCE: Prevention professionals, coalitions, law enforcement, educators, caregivers, and other trusted adults in the community committed to youth wellbeing

AGENDA – DAY 1

TIME	EVENT
8:30 – 8:45 am	Welcome and Opening Remarks Jay Fallon, Executive Director, New England HIDTA
8:45 – 10:45	Deconstructing Health–Promoting Relationships: WHAT they are made of, WHY they matter, & HOW to cultivate them Lora Peppard, PhD, DNP, PMHNP–BC, Director, ADAPT
10:45 – 11:00	BREAK
11:00 – 11:30	Connecting across Differences Patty Ferssizidis, PhD, Associate Director, ADAPT
11:30 – 12:00 pm	Cultivating Protective Beliefs in Youth Jody Kamon, PhD, Founder and Evaluation Director, Center for Behavioral Health Integration
12:00 – 1:15	LUNCH (A list of nearby dining options will be provided.)
1:15 – 2:15	Fostering Protective Skills in Youth Jody Kamon, PhD
2:15–2:30	BREAK
2:30 – 3:30	Vaping: New Findings and How to Apply Them to Your Work
3:30 – 4:30	Youth Panel: Building Protective Beliefs and Skills
4:30 – 4:45	Day 1 Wrap Up <ul style="list-style-type: none">Jay Fallon, Executive Director, New England HIDTAPaul McNeil, Prevention Coordinator, New England HIDTA

AGENDA – DAY 2

TIME	EVENT
8:30 – 8:45 am	Welcome Back and Review of Day 1 <ul style="list-style-type: none">• David W. Kelley, Deputy Director, New England HIDTA• Lora Peppard, PhD, DNP, PMHNP-BC, Director, ADAPT
8:45 – 10:00	It Begins with Us: Building Relational Systems of Care to Take Youth Flourishing to Scale Christina Bethell, PhD, MBA, MPH Professor, School of Public Health and School of Medicine, Johns Hopkins University; Director, Child and Adolescent Health Measurement Initiative
10:00 – 10:15	BREAK
10:15 – 11:30	It Begins with Us: Building Relational Systems of Care to Take Youth Flourishing to Scale, Part 2 Christina Bethell, PhD, MBA, MPH
11:30 – 12:45 pm	LUNCH (A list of nearby dining options will be provided.)
12:45 – 2:00	Cultivating a Culture of Well-being across Systems Brian Bumbarger, PhD, Associate Director for Implementation Science & Strategy, ADAPT
2:00 – 3:15	New England States Panel: Where We Are Heading in Prevention State Representatives
3:15 – 3:30	Next Steps & Closing Remarks <ul style="list-style-type: none">• David W. Kelley, Deputy Director, New England HIDTA• Paul McNeil, Prevention Coordinator, New England HIDTA• Lora Peppard, PhD, DNP, PMHNP-BC, Director, ADAPT