This resource includes data sources (primarily surveys) used to collect consumption data on underage drinking at the national, state, and local levels. Details include a description of the data source, methods and sample, geographic level, survey instrument and questions and data and analysis tools.

Surveys

Data Source	Behavioral Risk Factor Surveillance System (BRFSS): <u>www.cdc.gov/brfss</u>
Description	BRFSS is the nation's premier system of health-related telephone surveys that collect state data about U.S. residents regarding their health-related risk behaviors, chronic health conditions, and use of preventive services.
Methods and Sample	 Confidential, cross-sectional telephone survey conducted by state health departments Adults 18 years and older
	 Adults 18 years and older Annual survey (1984 – present)
Geographic Level	 National State District of Columbia Guam, Puerto Rico, and Virgin Islands Some local areas: <u>http://apps.nccd.cdc.gov/brfss-smart/index.asp</u>
Survey Instrument and Question(s)	 Survey Instrument: www.cdc.gov/brfss/questionnaires.htm#english Definitions: One drink is defined as the equivalent to of a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. Binge drinking is defined as five or more drinks on an occasion for men; four or more drinks on an occasion for women Alcohol-Related Survey Questions: Past 30-Day Use (any) During the past 30 days, how many days per week or per month did you have at least one

Data Source	Behavioral Risk Factor Surveillance System (BRFSS): <u>www.cdc.gov/brfss</u>
	drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?
	 During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?
	Note: A 40-ounce beer would count as 3 drinks; a cocktail drink with 2 shots would count as 2 drinks
	 Past 30-Day Binge Drinking
	 Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [5 for men, 4 for women] or more drinks on an occasion?
	 During the past 30 days, what is the largest number of drinks you had on any occasion?
Data and	Prevalence and Trends Data: 1995 – 2011: <u>http://apps.nccd.cdc.gov/BRFSS</u>
Analysis Tools	 Selected Metropolitan/ Micropolitan Area Risk Trends (SMART): 2002 – 2010: <u>http://apps.nccd.cdc.gov/</u> <u>brfss-smart/index.asp</u>
	 Web-Enabled Analysis Tool (WEAT): 2004 – 2010 (Cross tabulation analysis and logistic analysis): <u>http://apps.nccd.cdc.gov/s_broker/WEATSQL.exe/weat/index.hsql</u>
	BRFSS Maps (GIS): 2002 – 2010: <u>http://apps.nccd.cdc.gov/gisbrfss/default.aspx</u>

Data Source	CORE Institute, Southern Illinois University Carbondale: <u>http://core.siu.edu/</u>
Description	CORE Institute maintains the largest national substance abuse database on college student drinking and drug use. It offers distribution of multiple surveys (for a fee) that measure college students' attitudes, perceptions, and opinions about alcohol and drugs; surveys also measure behaviors of actual substance use and consequences of use.
Methods and Sample	 Administered at two year and four year colleges and universities Annual reports available for years 2006 – 2012 National reports available for years 2006 – 2008 and 2009 – 2011
Geographic Level	National, representative sample of colleges
	Short form: http://core.siu.edu/_common/documents/shortform.pdf
The short form ass	esses the nature, scope, and consequences of alcohol and other drug use on college campuses
Survey Question(s)	 Definitions: One drink is defined as a bottle of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink. Binge drinking is defined as five or more drinks at one sitting. Alcohol-Related Survey Questions: Alcohol Use (any) Average # of drinks you consume in a week Within the last year, about how often have you used alcohol (beer, wine, liquor)? During the past 30 days, on how many days did you have alcohol? Binge Drinking Think back over the last two weeks. How many times have you had five or more drinks at one sitting?
This survey contair alcohol and drugs.	Long form: http://core.siu.edu/_common/documents/longform.pdf Is all the features of the short form, but also assesses the students' attitudes, perceptions, and opinions about

Data Source	CORE Institute, Southern Illinois University Carbondale: <u>http://core.siu.edu/</u>
Survey Question(s)	 Definitions: One drink is defined as a bottle of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink. Binge drinking is defined as five or more drinks at one sitting.
	Alcohol-Related Survey Questions:
	 Alcohol Use (any)
	 Average # of drinks you consume in a week
	 Within the last year, about how often have you used alcohol (beer, wine, liquor)?
	During the past 30 days, on how many days did you have alcohol?
	 Binge Drinking
	 Think back over the last two weeks. How many times have you had five or more drinks at one sitting?
Cor	nmunity College Form: http://core.siu.edu/_common/documents/communitycollegelongform.pdf
This survey contair	is all the features of the long form, but has been redesigned specifically for community college campuses.
Survey	Definitions:
Question(s)	 One drink is defined as a bottle of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink.
	 Binge drinking is defined as five or more drinks at one sitting.
	Alcohol-Related Survey Questions:
	 Alcohol Use (any)
	 Average # of drinks you consume in a week
	 Within the last year, about how often have you used alcohol (beer, wine, liquor)?
	During the past 30 days, on how many days did you have alcohol?
	 Binge Drinking
	 Think back over the last two weeks. How many times have you had five or more drinks at one sitting?

Data Source	CORE Institute, Southern Illinois University Carbondale: <u>http://core.siu.edu/</u>
	High School Edition: <u>http://core.siu.edu/_common/documents/highschool.pdf</u>
Thi	s form contains all the features of the long form, but has been redesigned specifically for high schools.
	 Definitions: One drink is defined as a bottle of beer, a glass of wine, a wine cooler, a shot of liquor, or a mixed drink. Binge drinking is defined as five or more drinks at one sitting.
	 Alcohol-Related Survey Questions: Alcohol Use (any) What is the average number of drinks you consume in a typical week? During a typical week, on how many separate occasions do you consume these drinks? During the past 12 months, about how often have you used each substance? Alcohol (beer, wine, liquor) During the past 30 days, on how many occasions did you use each substance? Alcohol (beer, wine, liquor) Binge Drinking Think back over the last two weeks. How many times have you had five or more drinks at one sitting? During the past two weeks: What is the greatest amount of drinks you consumed in one sitting? How many hours was that sitting?
Data and Analysis Tools	 Executive summary, cross-tabulation report, and raw data file available after implementing one of institute's surveys (fees apply). Additional costs are associated with online analysis. Available Data Reports: 2006 – 2011: <u>http://core.siu.edu/results/index.html</u>

Data Source	Communities that Care (CTC): <u>www.sdrg.org/ctcresource</u>
Description	A coalition-based community prevention operating system that uses a public health approach to prevent youth problem behaviors including underage drinking, tobacco use, violence, delinquency, school dropout and substance abuse.
Methods and Sample	Administered every two years among grades 6-12
Sample	Administered every two years
Geographic Level	Community
Survey	Survey Instrument: http://store.samhsa.gov/shin/content//CTC020/CTC020.pdf
Instruments and	Alcohol-Related Survey Questions:
Question(s)	 Alcohol Use (any)
	 On how many occasions (if any) have you:
	 Had alcoholic beverages (beer, wine or hard liquor) to drink—more than just a few sips—in your lifetime?
	 Had alcoholic beverages (beer, wine or hard liquor) to drink—more than just a few sips—during the past 30 days?
	 Binge Drinking
	 Think back over the last two weeks. How many times have you had five or more alcoholic drinks in a row?
	 Age of First Use
	 How old were you when you first:
	 Had more than a sip or two of beer, wine or hard liquor (for example, vodka, whiskey, or gin)?
	 Began drinking alcoholic beverages regularly, that is, at least once or twice a month?
Data and Analysis Tools	None

Data Source	Monitoring the Future (MTF): www.monitoringthefuture.org
Description	MTF is an ongoing study of the behaviors, attitudes, and values of American secondary school students, college students, and young adults.
Methods and Sample	 Nationally representative samples of students in grades 8, 10, and 12. Annual survey administered in class (1975 – present) Administrated in class
Geographic Level	 National Regional (West, Midwest, South, Northeast) Population density (Large Metropolitan Statistical Area (MSA), Other MSA, and Non-MSA)
Survey Instrument and Question(s)	 Definition: A drink is defined as: a 12-ounce can (or bottle) of beer, a 4-ounce glass of wine, a 12-ounce bottle (or can) of wine cooler, a mixed drink, shot glass of liquor, or the equivalent. Binge drinking is defined as five or more drinks in a row during the prior two-week interval at least once) Alcohol-Related Survey Questions: Alcohol Use (any) On how many occasions have you had alcoholic beverages to drink—more than just a few sips in your lifetime? during the last 12 months? during the last 30 days? On how many occasions (if any) have you been drunk or very high from drinking alcoholic beverages during the last 12 months? in your lifetime?

Data Source	Monitoring the Future (MTF): www.monitoringthefuture.org
	 On the occasions that you drink alcoholic beverages, how often do you drink enough to feel pretty high?
	 Episodic heavy or "binge" drinking
	 The following questions ask about how much you have to drink on the occasions when you drink alcoholic beverages.
	 Think back over the LAST TWO WEEKS. How many times have you had four or more drinks in a row?
	 During the last two weeks, how many times have you had five or more drinks in a row?
	 During the last two weeks, how many times (if any) have you had 10 or more drinks in a row?
	 During the last two weeks, how many times (if any) have you had 15 or more drinks in a row?
Data and Analysis Tools	Substance Abuse and Mental Health Data Archive (SAMHDA): 1975 – 2012: <u>www.icpsr.umich.edu/icpsrweb/</u> <u>SAMHDA/series/35</u>
	• Microdata may be obtained through the National Addiction & HIV Data Archive Program (NAHDAP): <u>www.</u> <u>icpsr.umich.edu/icpsrweb/NAHDAP/index.jsp</u>

Data Source	National Health Interview Survey (NHIS): <u>http://www.cdc.gov/nchs/nhis.htm</u>
Description	NHIS is a principal source of information on the health of the civilian non-institutionalized population of the United States and is one of the major data collection programs of the National Center for Health Statistics (NCHS) which is part of the Centers for Disease Control and Prevention (CDC).
Methods and Sample	 Annual, cross-sectional, household interview survey (1962 – present) Civilian non-institutionalized population residing in the U.S. at the time of the interview Excludes patients in long-term care facilities; persons on active duty with the Armed Forces (though their dependents are included); persons incarcerated in the prison system; and U.S. nationals living in foreign countries
Geographic Level	National, state
Survey Instrument and Question(s)	 Survey Instrument: www.cdc.gov/nchs/nhis/quest_data_related_1997_forward.htm Definitions: Alcoholic beverages include liquor such as whiskey or gin, beer, wine, wine coolers, and any other type of alcoholic beverage. Heavy drinking is defined as five or more drinks in one day (may or may not be episodic, but it is not a measure of binge drinking.) Alcohol-Related Survey Questions: Alcohol Use (any) In ANY ONE YEAR, have you had at least 12 drinks of any type of alcoholic beverage? In your ENTIRE LIFE, have you had at least 12 drinks of any type of alcoholic beverage? In the PAST YEAR, how often did you drink any type of alcoholic beverage? In the PAST YEAR, on those days that you drank alcoholic beverages, on the average, how many drinks did you have?
	 Heavy Drinking In the PAST YEAR, on how many DAYS did you have 5 or more drinks of any alcoholic beverage? How many days per week, per month or per year did you have 5 or more drinks in a single day?
Data	Download datasets: 1962 – present: www.cdc.gov/nchs/nhis/nhis_questionnaires.htm

Data Source	National Health and Nutrition Examination Survey (NHANES): www.cdc.gov/nchs/nhanes.htm
Description	NHANES is a program of studies designed to assess the health and nutritional status of adults and children in the United States. The survey combines interviews and physical examinations.
Methods and Sample	 Nationally representative sample of about 5,000 persons each year, located in counties across the country (15 of which are visited each year). Sample is selected to represent the U.S. population of all ages Health interviews are conducted in respondents' homes. Health measurements are performed in specially-designed and equipped mobile centers that travel to locations throughout the country. Annual survey (1962 – present)
Geographic Level	National
Survey Instrument and Question(s)	 Youth Survey Instrument: www.cdc.gov/nchs/data/nhanes/nhanes_11_12/alq_acasi.pdf Definitions: Alcohol is defined as beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. Alcohol use does not include drinking a few sips of wine for religious purposes. Binge drinking is defined as 5 or more drinks of alcohol in a row, within a couple hours Alcohol-Related Survey Questions: Alcohol Use (any) How old were you when you had your first drink of alcohol, other than a few sips? During your life, on how many days have you had at least one drink of alcohol? During the past 30 days, on how many days did you have at least one drink of alcohol? Binge Drinking During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? Adult Survey Instrument: www.cdc.gov/nchs/data/nhanes/nhanes 11_12/alq_capi.pdf

Data Source	National Health Interview Survey (NHIS): http://www.cdc.gov/nchs/nhis.htm
	 Definitions: Alcoholic beverages include liquor (such as whiskey or gin), beer, wine, wine coolers, and any other type of alcoholic beverage. A drink is defined as a 12-oz. beer, a 5-oz. glass of wine, or 1½ ounces of liquor.
	 Alcohol-Related Survey Questions: Alcohol Use (any)
	 In any one year, {have you/has sample person (SP)} had at least 12 drinks of any type of alcoholic beverage?
	 In {your entire life, {have you/has he/has she} had at least 12 drinks of any type of alcoholic beverage?
	In the past 12 months, how often did {you/SP} drink any type of alcoholic beverage?
	 In the past 12 months, on those days that {you/SP} drank alcoholic beverages, on the average, how many drinks did {you/he/she} have?
	 In the past 12 months, on how many days did {you/SP} have {DISPLAY NUMBER} or more drinks of any alcoholic beverage?
	 For about how many years did {you/SP} drink {DISPLAY NUMBER} or more drinks of any kind of alcoholic beverage almost every day?
Data	Download datasets: 1962 – present: www.cdc.gov/nchs/nhanes/nhanes_questionnaires.htm

Data Source	National Survey on Drug Use and Health (NSDUH): <u>http://oas.samhsa.gov/nsduh.htm</u>
Description	NSDUH provides national and state-level data on the prevalence, patterns, and consequences of alcohol, tobacco, and illegal drug use and abuse in the general U.S. civilian non-institutionalized population, age 12 and older.
Methods and Sample	 Civilian, non-institutionalized population of the U.S. ages 12 and older, including residents of non- institutional group quarters such as college dormitories, group homes, shelters, rooming houses, and civilians dwelling on military installations
	Computer-assisted personal interviews and audio, computer-assisted self- interviews
	Annual survey (1971 – present)
Geographic Level	National, state, sub-state
Survey Instrument and Question(s)	 Survey Instrument: www.samhsa.gov/data/2k12/NSDUH2013MRB/NSDUHmrbCAlquex2013.pdf Definitions: Binge drinking is defined as five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. Heavy Drinking is defined as five or more drinks on the same occasion on each of 5 or more days in the past 30 days. Due to the level of detail, survey questions are not included here (see survey questionnaire)
Data and Analysis Tools	Restricted use Data Analysis System (R-DAS): http://www.icpsr.umich.edu/icpsrweb/content/SAMHDA/rdas.html NSDUH 10-Year Substate R-DAS File (2002 – 2011) NSDUH 8-Year R-DAS File (2002 – 2009) NSDUH 4-Year R-DAS File (2002 – 2005 and 2006 – 2009) NSDUH 2-Year R-DAS File (2002 – 2003, 2004 – 2005, 2006 – 2007, 2008 – 2009, and 2010 – 2011)

Data Source	Pregnancy Risk Assessment Monitoring System (PRAMS): www.cdc.gov/prams/index.htm
Description	PRAMS is a surveillance project of the Centers for Disease Control and Prevention and state health departments that collects state-specific, population-based data on maternal attitudes and experiences before, during, and shortly after pregnancy.
Methods and Sample	• Forty states and New York City currently participate, representing approximately 78% of all U.S. live births. Six other states previously participated. See participating PRAMS states here: <u>www.cdc.gov/prams/States.</u> <u>htm</u>
Geographic Level	State
Survey Instrument and Question(s)	 Survey Instrument: www.cdc.gov/prams/Questionnaire.htm Definitions: One drink is defined as one glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. Binge drinking is defined as five or more drinks on one occasion Alcohol-Related Survey Questions: Alcohol Use (any) Have you had any alcoholic drinks in the past 2 years? During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week? During the last 3 months of your pregnancy, how many alcoholic drinks did you have in an average week? Binge Drinking During the 3 months before you got pregnant, how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.
	 During the last 3 months of your pregnancy, how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.

Data Source	Pregnancy Risk Assessment Monitoring System (PRAMS): <u>www.cdc.gov/prams/index.htm</u>
Data and	Online data available CPONDER: 2000 – 2008: <u>http://apps.nccd.cdc.gov/cPONDER/default.aspx</u>
Analysis Tools	Alcohol indicators available for online analysis
	• Whether mother reported having any alcoholic drinks during the 3 months before getting pregnant
	• Whether mother reported having any alcoholic drinks during the last 3 months of pregnancy

Data Source	Youth Risk Behavioral Surveillance System (YRBSS): www.cdc.gov/HealthyYouth/yrbs/index.htm
Description	The YRBSS monitors health-risk behaviors that contribute to the leading causes of death and disability among youth and adults, including alcohol, tobacco, and other drug use. YRBSS includes a national school-based Youth Risk Behavior Survey (YRBS) conducted by CDC and state and large urban school district school-based YRBSs conducted by state and local education and health agencies.
Methods and Sample	 Cross-sectional data representative of public- and private-school students in grades 9-12 (high school) and grades 6-8 (middle school) in the 50 states and the District of Columbia Administered in class biennially (during odd years)
Geographic Level	High School (1991 – present) National State District of Columbia American Samoa, Guam, Marshall Islands, Northern Mariana Island, Palau, Puerto Rico, Virgin Islands Navajo, Nez Perce Middle School (1995 – present) Conducted by interested states, territories, tribal governments, and large urban school districts National State District of Columbia Guam, Palau Navajo
Survey Question(s)	 Definitions: Drinking alcohol includes drinking beer, wine, wine coolers, and liquor such as rum, gin, vodka, or whiskey. Drinking alcohol does not include drinking a few sips of wine for religious purposes.

Standard High School • Survey Instrument: www.cdc.gov/healthyyouth/yrbs/pdf/questionnaire/2015 hs questionnaire.pdf • Alcohol-Related Survey Questions: • Alcohol-Related Survey Questions: • Alcohol Use (any) • During your life, on how many days have you had at least one drink of alcohol? • How old were you when you had your first drink of alcohol other • During the past 30 days, on how many days did you have at least one drink of alcohol on school property? • Binge Drinking • During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours? National High School • Alcohol-Related Survey Questions: • During the past 30 days, on how many days have you had at least one drink of alcohol? • How old were you when you had your first drink of alcohol other than a few sips? • Alcohol-Related Survey Questions: • Alcohol Use (any) • During the past 30 days, on how many days did you have at least one drink of alcohol?<	Data Source	Youth Risk Behavioral Surveillance System (YRBSS): www.cdc.gov/HealthyYouth/yrbs/index.htm
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 Alcohol Use (any) During your life, on how many days have you had at least one drink of alcohol? How old were you when you had your first drink of alcohol other than a few sips? During the past 30 days, on how many days did you have at least one drink of alcohol? During the past 30 days, on how many days did you have at least one drink of alcohol on school property? Binge Drinking 		
 During your life, on how many days have you had at least one drink of alcohol? How old were you when you had your first drink of alcohol other than a few sips? During the past 30 days, on how many days did you have at least one drink of alcohol? During the past 30 days, on how many days did you have at least one drink of alcohol on school property? Binge Drinking 		Alcohol-Related Survey Questions:
 How old were you when you had your first drink of alcohol other than a few sips? During the past 30 days, on how many days did you have at least one drink of alcohol? During the past 30 days, on how many days did you have at least one drink of alcohol on school property? Binge Drinking 		 Alcohol Use (any)
 During the past 30 days, on how many days did you have at least one drink of alcohol? During the past 30 days, on how many days did you have at least one drink of alcohol on school property? Binge Drinking 		 During your life, on how many days have you had at least one drink of alcohol?
 During the past 30 days, on how many days did you have at least one drink of alcohol on school property? Binge Drinking 		 How old were you when you had your first drink of alcohol other than a few sips?
school property?		 During the past 30 days, on how many days did you have at least one drink of alcohol?
 During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a 		• Binge Drinking
row, that is, within a couple of hours?		 During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

Data Source	Youth Risk Behavioral Surveillance System (YRBSS): www.cdc.gov/HealthyYouth/yrbs/index.htm
	Middle School
	Survey Instrument: www.cdc.gov/healthyyouth/yrbs/pdf/questionnaire/2015_ms_questionnaire.pdf
	 Alcohol Use (any)
	Have you ever had a drink of alcohol, other than a few sips?
	 How old were you when you had your first drink of alcohol other than a few sips?
Data and Analysis Tools	Youth Online Interactive Data System: 1991 – 2013 Middle School or High School: <u>http://nccd.cdc.gov/</u> YouthOnline/App/Default.aspx

Other Data Sources

Data Source	Alcohol Epidemiologic Data System (AEDS): National Institutes of Health, National Institute on Alcohol Abuse and Alcoholism: <u>www.niaaa.nih.gov</u>
Description	 Reports trends in consumption of alcohol in the U.S. using alcoholic beverage sales. Report provides data on national consumption of beer, wine, and distilled spirits as well as for all alcoholic beverages combined; consumption trends for each state for the same beverage categories; and consumption trends for each type of beverage and all beverages combined for U.S. regions.
Methods and Sample	 Data are collected annually and reported in the Fall, with a lag time of two years. Population data from the U.S. Bureau of the Census are used to calculate rates. Types of beverages: Beer, spirits, and wine
Geographic Level	National, state
Survey Question(s)	Data for these reports are drawn from various sources (e.g., NSDUH, MTF survey, YRBSS).
Data and Analysis Tools	 Surveillance Report : 1977 – 2012: <u>http://pubs.niaaa.nih.gov/publications/surveillance98/CONS12.pdf</u> All Reports: <u>http://pubs.niaaa.nih.gov/publications/surveillance.htm</u>

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